



SONS OF NORWAY

1455 W. Lake Street
Minneapolis, MN 55408
www.sofn.com

Sons of Norway Foundation The Astrid G. Cates Scholarship

The Myrtle Beinhauer Scholarship (offered in tandem)

"We award scholarships and grants to promote the heritage and culture of Norway, and provide assistance to our members, lodges and their communities."

—Sons of Norway Foundation Mission Statement

Astrid G. Cates and Myrtle Beinhauer remembered Sons of Norway youth with a special bequest in their wills to the Sons of Norway Foundation. The Sons of Norway Foundation established the Astrid G. Cates Scholarship Fund in 1984, and the Myrtle Beinhauer Scholarship became effective in 1998.

WHO IS ELIGIBLE?

Applicants must have a certificate of completion from high school and be enrolled in post-secondary training or education (college, vocational school, or trade school), and be current members of Sons of Norway, or children or grandchildren of current Sons of Norway members in Sons of Norway districts 1–6. Applicants must have a strong financial need of a scholarship.

HOW DO I APPLY?

Applicants must submit an application form (available from www.sonsofnorway.com/foundation/scholarships or Sons of Norway Foundation, 1455 West Lake Street, Minneapolis, Minnesota 55408). Included in this application must be information describing what you plan to study, where (include full address) and when. Please indicate related fees, your long-term career goals, your involvement in Sons of Norway, youth or community activities, and your financial need (compare cost of program with your ability to pay). Attach to the application a copy of your latest grade transcript and a letter of recommendation (written by teacher, youth leader, or someone else not related to you, but who knows you well) describing your character and abilities.

HOW MUCH IS THE AWARD?

The Sons of Norway Foundation Scholarship Committee will determine the amounts. Typically, the Astrid G. Cates Scholarship ranges from \$500 to \$750, while the Myrtle Beinhauer Scholarship will be approximately \$3,000. Grants awarded will be made jointly payable to student and institution of learning. A student can be awarded a maximum of two scholarships within a five-year period.

HOW ARE THE WINNERS SELECTED? Final selection of the scholarship winners will be made by the Sons of Norway Foundation Scholarship Committee. The key criteria for final selection are:

- Financial Need
- Statement of education and career goals
- Grade-point Average
- Letter of Recommendation
- Extracurricular Involvements

Note: Extra points are given if candidate is a member of Sons of Norway.

There will be one scholarship given per Sons of Norway district 1–6. The most qualified of all candidates will be awarded the Myrtle Beinhauer Scholarship.

DEADLINE FOR APPLICATIONS

Applications must be post-marked no later than March 1st each year. Please mail all required items in one envelope. Incomplete applications will not be considered. Sons of Norway Foundation does not accept applications via fax.

APPLICATIONS MUST BE SENT TO:

Sons of Norway Foundation
c/o Sons of Norway
1455 West Lake Street
Minneapolis, MN 55408

REVISION POLICY

The general conditions and procedures under which scholarship/grant awards are made may be reviewed periodically by the Sons of Norway Foundation. Applicant eligibility may be modified at the sole discretion of Sons of Norway Foundation. However, any previously-approved scholarship/grant award will not be affected by new conditions or procedures. In cases where a student has secured application materials early, it is recommended that the student check with the Minneapolis Office in January, making certain that no revisions have been made which will affect the upcoming grant period.



1455 W. Lake Street
Minneapolis, MN 55408
www.sofn.com

**Sons of Norway Foundation
The Astrid G. Cates Scholarship]**

The Myrtle Beinhauer Scholarship (offered in tandem)

*“ We award scholarships and grants to promote the heritage and culture of Norway,
and provide assistance to our members, lodges and their communities.”*

—Sons of Norway Foundation Mission Statement

Deadline: March 1st of each year

(Please type or print clearly in black ink.)

- 1. Name _____
- 2. E-mail Address (personal) _____
- 3. E-mail Address (school/business) _____
- 4. Home Address (Street, City, Country, include postal or ZIP Code) Dates you are at this address (_____)

- 5. School Address (Street, City, Country, include postal or ZIP Code) Dates you are at this address (_____)

- 6. Daytime Phone (_____) Cell Phone (_____)
- 7. Birthdate ____ / ____ / ____ Age ____ Citizenship _____
country
- 8. Sons of Norway membership #: _____
Name and membership # of Member if other than self: _____
 Self _____ Parent _____ Grandparent _____
Lodge Name _____ District # _____ Lodge# _____

The criteria by which the candidates are evaluated are:

- 1) Financial need (***Very Important:*** Describe and give as much detail as possible when you indicate cost of program with your ability to pay.)
- 2) Academic potential
- 3) Benefit to Sons of Norway and/or the larger Norwegian community
- 4) Statement of education and career goals
- 5) Involvement in school and community activities
- 6) Other, e.g., work experience.

7. Please complete the following information requested (attach extra sheet of paper, if necessary) **and attach:**

- a) an official copy of your latest grade transcript,
- b) a letter of recommendation (written by teacher, youth leader) describing your character and abilities.

-OVER-

8. a) I plan to study: _____
major course of study

at _____
School Address

b) My long-term career goals are: _____

c) I have been actively involved in the following Sons of Norway and /or other Norwegian-related activities:

d) I have been actively involved in the following school and community activities:

e) **Financial need must be stated:** Cost of Program: \$ _____
Ability to Pay: \$ _____
Gap to be made up: \$ _____

Comments (***Very Important:*** Describe and give as much detail as possible): _____

9. My cumulative grade point average:
High School Grade Point Average: _____ College Grade Point Average: _____
If you are on a scale other than 4.0, please indicate: _____

10. I am currently working: Yes No
I am planning to work while pursuing my studies: Yes No

11. Comments:

12. If you have received a scholarship previously from the Sons of Norway Foundation, please indicate:

name of scholarship(s) year

CHECKLIST

Deadline For Application: March 1st of each year

- Application form completed and signed
- Official grade transcript
- Letters of recommendation (in sealed envelopes by the reference source)

Date _____ Signature _____

**ASTRID G. CATES SCHOLARSHIP MYRTLE BEINHAUER SCHOLARSHIP
SONS OF NORWAY
1455 WEST LAKE STREET
MINNEAPOLIS, MINNESOTA 55408**

Application Deadline: Postmarked by March 1.

**If you have any questions please e-mail before submission to foundation@sofn.com
Please include all items required in one envelope. Incomplete applications will not be considered.**