

## Unit 4: ROSEMALING

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### About the Cultural Skills Program

Sons of Norway's Cultural Skills Program provides a framework for learning about traditional and contemporary Norwegian culture. Each unit consists of three levels of skill-specific activities to guide you as you learn. You can complete the units on your own, through your lodge or through a special class or group. For each level, you'll complete a few activities, email (or mail) them in to Sons of Norway Headquarters, get feedback, and earn a pin in recognition of your accomplishments. As a benefit of membership, the Cultural Skills program is available only to members of Sons of Norway.

When you complete part 1 of your first unit you'll receive a Cultural Skills pin, a skill bar, and a level 1 bar. You'll receive additional level bars when you complete parts 2 and 3 of that skill, and new skill bars when you complete level 1 of a new skill.

### Going Further with Cultural Skills

Want to take your skills to a new level? Members who have completed multiple units or mentored others in the program can earn special recognition.

- A Master of Cultural Skills is someone who has completed multiple units. Finish all three parts of any three units for the bronze level, all parts of six units for the silver level and all parts of nine units for the gold level.
- A Cultural Skills Mentor instructs or guides others to learn about Norwegian cultural skills. If your instruction has helped other members earn Cultural Skills awards, you can earn a mentor pin.

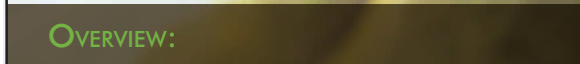
For more information about the Sons of Norway Cultural Skills Program, call (800) 945-8851 or email [culturalskills@sofn.com](mailto:culturalskills@sofn.com).

### INTRODUCTION

Rosemaling (meaning "rose painting") is the name of a form of decorative painting that developed in Norway around the 1700s. The first rosemalers were inspired by artists from continental Europe, but over time developed their own unique styles. Most painters were poor, traveling artisans that would go from farm to farm painting rooms and furniture for comparatively wealthy landowners. Over time, different regions of the country developed their own distinctive styles. Style differences became so obvious that the origin of each rosemaled piece often could be identified on sight. Styles sometimes overlapped as artists moved from one district to another, and a few painters ventured from floral motifs to people, landscapes, biblical scenes and animals.

As with other Norwegian arts and crafts, rosemaling traveled to America with emigrants in the mid-1800s. But when American furniture styles and trends in home decor changed, the traditional art form began to disappear. It remained somewhat dormant in the United States and Canada until resurrected by Norwegian-American descendants in the 1950s. It has grown since that time to become a treasured form of ethnic expression.

(Continued on page 2)



- For Part 1, you will learn and demonstrate basic rosemaling brush strokes and designs in a selected style
- For Part 2, you will continue to expand your knowledge and skill in your selected style by painting two more elaborate projects
- For Part 3, you will paint a 3 dimensional project in your selected style
- For each part, you will complete a pin application form and evaluation form
- If you have a question regarding any part of this unit, please send an email to [culturalskills@sofn.com](mailto:culturalskills@sofn.com) or call (800) 945-8851.

To help you get started a partial list of books and additional resources can be found in the Reference section at the back of this unit. Many of the books can be ordered through Vesterheim Norwegian-American Museum Shops. In addition to books, they also have an excellent selection of rosemaling supplies. Contact Vesterheim through their website [www.vesterheim.org](http://www.vesterheim.org) or by phone 800-979-3346. Of course, learning from someone more experienced is the best way to learn a skill like rosemaling. Your lodge or other local groups may offer beginning classes.

## Part 1 Activities

Choose the style of rosemaling, either Telemark or Hallingdal, you would like to learn for this unit. Selecting another style is an option if you are taking a class or have access to an instructor skilled in a different tradition. Using the same style for all parts of this unit is recommended.

Using black paint or another single color of your choice, a liner and either a filbert or round brush, complete a sample of each brush stroke on palette or copy/printer paper showing your control in executing the strokes (refer to pages 4 and 5 for brush strokes). When they are dry, make a photocopy, photo or scanned copy of your brush strokes and include them with your Rosemaling Pin application form for Part 1. Keep your original.

- a) Complete a simple flower form in your selected style. Use a liner brush and black paint (or another single color) on palette or copy/printer paper. You may use one of the samples on the bottom of page 4 or select a flower of your choice. No details or shading are needed, just focus on the basic form. Include a photocopy, photo or scanned copy of the flower with your pin application form. Keep your original.
- b) Complete a basic scroll, without details, in your selected style. Choose one of the sample scrolls (page 5) for your project or a similar scroll of your choice. Use black paint or another single color of your choice on palette or plain copy/printer paper. When your samples are completely dry, make a photocopy, photo or scanned copy of the scroll and include it with your pin application form. Keep your original.
- c) Complete one project in your selected style on backgrounded cardboard, poster board or wood. The project should be in the appropriate colors for the style and should show detail and shading. The design should be at least 3" to 4" in both height and width. You may select pattern of your choice or use one of the samples found on pages 18 and 19. Include 2 photocopies, photos or scans of your project with the pin application form: one photo should show your project in process and one should show your completed work. Keep your original.

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**Activity 3: Complete one elective activity.** Choose from any of the Elective Activities listed on pages 14 and 15.

### Submitting your work

**Complete the Rosemaling Pin Application Form included in this section, and submit all of the following items:**

- ☐ Photo or scan demonstrating brush strokes in your selected style
- ☐ Photo or scan of a flower in your selected style
- ☐ Photo or scan of scroll
- ☐ Two photos of the rosemaling project created, one in process, one completed
- ☐ Elective activity requirements
- ☐ Unit evaluation form

★ *Remember you must include photocopies, photographs or scans of your projects and elective activity requirements with your completed pin application form. Failure to include the required items will delay the awarding of your well-deserved pin or bar! To help make this unit even better, please take time to fill out the evaluation form provided at the end of this unit.*

**Send materials** by email to [culturalskills@sofn.com](mailto:culturalskills@sofn.com) (preferred) or by mail to:

Cultural Skills Program  
Sons of Norway  
1455 West Lake Street  
Minneapolis, MN 55408

If you use traditional mail channels, please make and retain copies of all materials (including photos) prior to sending. Original items will not be returned.



### TIPS

#### 1. Tracing Patterns

After choosing a pattern, rub some dustless chalk on the back side of the paper. Position the pattern on prepared/painted surface, chalk side down, centering carefully, and use some tape to keep it firmly in place. Trace only the basic shapes (without any inside details) using a stylus or empty ballpoint pen.

#### 2. Mixing practice paint and loading your brush

When mixing paint to practice strokes, begin with a small amount of black paint on your palette. Dip your palette knife into the linseed oil and mix it into the paint, using a flat, circular motion adding enough until the paint is soft and flowing, like thick cream. Then scoop it back into a pile. Now pull your brush bristles through part of the paint, turning to coat all sides. Then touch the tip of the brush on a clean space so it shapes into a fine point. Touch both flat sides of a filbert brush to shape it into a chisel edge. Now you are ready to practice strokes. Follow the c and s stroke shapes on pages 4 and 5 until you can do them easily.

#### 3. Paint Consistency

For practicing strokes and doing the finishing details on your final projects, mix the paint until it has a consistency like thick cream. When you lay down the paint for the flowers and scrolls in your final projects, use less oil so it's more paste-like. Then apply finishing details on top. Small dots and dot flowers need very soft paint placed with the tip of the liner brush or the brush handle that has been sanded flat.

#### 4. Holding your brush

Hold your brush upright and place your painting hand on top of your other hand using it as a brace to have the most control over your strokes. Note hand positions in photos on pages 1, 2 and 3.





TELEMARK

FLOWER FORMS FOR PART 1 ACTIVITY 3



HALLINGDAL

FLOWER FORM FOR PART 1 ACTIVITY 3



Shirley Evenstad



*Shirley Evenstad*

- For expedited processing, send materials by email to [culturalskills@sofn.com](mailto:culturalskills@sofn.com). Reports can be scanned and pictures downloaded and sent as attachments.

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Cultural Skills Program  
1455 West Lake St.  
Minneapolis, MN 55408

- ★ Please make copies of materials sent by mail. Original items will not be returned.

## PIN APPLICATION FORM - ROSEMALING PART 1

### CONTACT INFORMATION:

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

### LODGE AFFILIATION INFORMATION:

(Required) Membership #: \_\_\_\_\_

District #: \_\_\_\_\_ Lodge #: \_\_\_\_\_ Year of Birth: \_\_\_\_\_

### I am attaching (all required):

1. Copy of each of the brush stroke illustrations found on pages 4 & 5
2. Demonstration of brush control and technique
  - ☐ Picture of flower form
  - ☐ Picture of scroll
  - ☐ Project in selected style (includes 2 photos: 1 in-process, 1 completed)
3. Elective activity # \_\_\_\_\_
4. Evaluation Form

Have you received Cultural Skills Program pin awards previously? ☐ Yes ☐ No

If yes, please list: \_\_\_\_\_

Signature (Cultural Skills Applicant)\*\* \_\_\_\_\_ Date \_\_\_\_\_

*\*\*By signing this form and accepting awards you are giving Sons of Norway Headquarters permission to use your photos in future promotional materials.*

### FOR LODGE CULTURAL SKILLS ADMINISTRATOR OR DESIGNATED LODGE OFFICER USE ONLY

(Signature and Printed Name of Lodge Cultural Skills Admin/Officer) \_\_\_\_\_ Date \_\_\_\_\_

Lodge Cultural Skills Admin/Officer Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E- Mail address: \_\_\_\_\_ Daytime Tel:(\_\_\_\_) \_\_\_\_\_

### FOR SONS OF NORWAY HEADQUARTERS USE ONLY

(Signature of Fraternal Dept. Cultural Skills Program Coordinator) \_\_\_\_\_ Date \_\_\_\_\_



1455 W. Lake Street, Minneapolis, MN 55408  
(800) 945-8851 or (612) 827-3611  
[www.sonsofnorway.com](http://www.sonsofnorway.com)

## UNIT EVALUATION FORM - ROSEMALING PART 1

I am providing this evaluation form after completing Rosemaling - Part 1

For each of the four questions below, please check the box that fits your opinion most accurately.

	Agree	Disagree
1 Instructions for this part were easy to follow.	<input type="checkbox"/>	<input type="checkbox"/>
2 Requirements for this part were reasonable.	<input type="checkbox"/>	<input type="checkbox"/>
3 Elective activities provided a lot of choices.	<input type="checkbox"/>	<input type="checkbox"/>
4 Required activities were interesting.	<input type="checkbox"/>	<input type="checkbox"/>

This part has (check all that apply):

- ☐ Helped me gain a better appreciation of Norwegian heritage & culture.
- ☐ Increased my involvement with other lodge members (such as participation in formal & informal discussions, presentations, formal group activities, etc.).
- ☐ Increased the interest of my lodge in the Cultural Skills Program because of my participation through special interest groups, presentations, or cultural fairs.
- ☐ Offered me an opportunity to involve or pass on this skill/interest to family members or other interested individuals.
- ☐ Helped prepare me to participate in the district and/or International Folk Art Exhibition & Competition.

**FEEDBACK:** To improve the unit, please add comments and suggestions. Your comments are confidential and in no way affect the awarding of your earned pin or bar.

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Scan and email this form to [culturalskills@sofn.com](mailto:culturalskills@sofn.com) (preferred) or send it by mail to:

Cultural Skills Program  
Sons of Norway  
1455 West Lake Street  
Minneapolis, MN 55408



## PART 2: INCREASING YOUR SKILLS

After practicing basic brush technique and demonstrating control, you are ready to apply what you have learned to more advanced projects. You will be doing two projects in this part and one elective activity. The projects should:

- Be done on backgrounded cardboard, poster board, wood or similar material
- Demonstrate an advancement in skill beyond what was submitted for Part 1
- Use correct form (design elements)
- Use colors appropriate for the style you have selected

### Part 2 Activities

**Activity 1: Complete one design on a round or oval 6- to 8- inch flat backgrounded surface.**

The design can be done on cardboard, poster board, wood or similar material. Possible designs can be found on pages 21-24.

- If you wish, you may select your own design and colors
- Your design should be in the same style that you selected for the projects in Part 1
- Take two pictures, color photocopies or scans of your project: one showing the project in process and one showing the completed work. Keep your original project.

**Activity 2: Complete one design on a square or rectangular 8 to 10 inch flat backgrounded surface.** The design can be done on cardboard, poster board, wood or similar material. Possible designs can be found on pages 21-24.

- If you wish, you may select your own design and colors at the same level of difficulty
- Your design should be in the same style that you selected for the projects in Part 1
- Take two pictures of your project: one showing the project in process and one showing the completed work. Color photocopies or scanned copies can also be sent. Keep your original project

**Activity 3: Complete one elective activity.** Choose from any of the Elective Activities listed on pages 14 and 15.

### Submitting your work

**Complete the Rosemaling Pin Application Form included in this section, and submit all of the following items:**

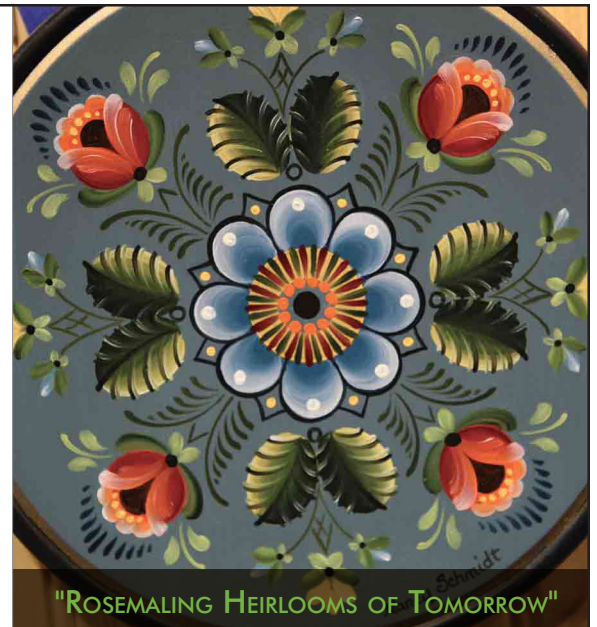
- ☐ Two photos of each of the rosemaling projects created, one in process, one completed
- ☐ Elective activity requirements
- ☐ Unit evaluation form

★ *Remember you must include photocopies, photographs or scans of your projects and elective activity requirements with your completed pin application form. Failure to include the required items will delay the awarding of your well-deserved pin or bar! To help make this unit even better, please take time to fill out the evaluation form provided at the end of this unit.*

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by Joanne MacVey

A complete reference book for beginners in either style, this book contains supply lists, brush information, acrylic and oil paint information, color mixing instructions, woodenware and background preparation, patterns and instructions how to transfer to woodenware, sources for buying woodenware, a glossary of terms, and extensive book lists. This resource is available from Vesterheim Museum Shops, other bookstores and online.



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Minneapolis, MN 55408

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## PIN APPLICATION FORM - ROSEMALING PART 2

### CONTACT INFORMATION:

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

### LODGE AFFILIATION INFORMATION:

(Required) Membership #: \_\_\_\_\_

District #: \_\_\_\_\_ Lodge #: \_\_\_\_\_ Year of Birth: \_\_\_\_\_

### I am attaching (all required):

1. One design on a round or oval 6" to 8" flat backgrounded surface.  
☐ Two project photos, 1 in-process, 1 completed
2. One design on a square or rectangular 8" to 10" flat backgrounded surface.  
☐ Two project photos, 1 in-process, 1 completed
3. Elective activity # \_\_\_\_\_
4. Evaluation Form

Have you received Cultural Skills Program pin awards previously? Yes No  
If yes, please list: \_\_\_\_\_

Signature (Cultural Skills Applicant)\*\* \_\_\_\_\_ Date \_\_\_\_\_

*\*\*By signing this form and accepting awards you are giving Sons of Norway Headquarters permission to use your photos in future promotional materials.*

### FOR LODGE CULTURAL SKILLS ADMINISTRATOR OR DESIGNATED LODGE OFFICER USE ONLY

(Signature and Printed Name of Lodge Cultural Skills Admin/Officer) \_\_\_\_\_ Date \_\_\_\_\_

Lodge Cultural Skills Admin/Officer Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E- Mail address: \_\_\_\_\_ Daytime Tel: (\_\_\_\_) \_\_\_\_\_

### FOR SONS OF NORWAY HEADQUARTERS USE ONLY

(Signature of Fraternal Dept. Cultural Skills Program Coordinator) \_\_\_\_\_ Date \_\_\_\_\_



## UNIT EVALUATION FORM - ROSEMALING PART 2

I am providing this evaluation form after completing Rosemaling - Part 2

For each of the four questions below, please check the box that fits your opinion most accurately.

	Agree	Disagree
1 Instructions for this part were easy to follow.	<input type="checkbox"/>	<input type="checkbox"/>
2 Requirements for this part were reasonable.	<input type="checkbox"/>	<input type="checkbox"/>
3 Elective activities provided a lot of choices.	<input type="checkbox"/>	<input type="checkbox"/>
4 Required activities were interesting.	<input type="checkbox"/>	<input type="checkbox"/>

This part has (check all that apply):

- ☐ Helped me gain a better appreciation of Norwegian heritage & culture.
- ☐ Increased my involvement with other lodge members (such as participation in formal & informal discussions, presentations, formal group activities, etc.).
- ☐ Increased the interest of my lodge in the Cultural Skills Program because of my participation through special interest groups, presentations, or cultural fairs.
- ☐ Offered me an opportunity to involve or pass on this skill/interest to family members or other interested individuals.
- ☐ Helped prepare me to participate in the district and/or International Folk Art Exhibition & Competition.

**FEEDBACK:** To improve the unit, please add comments and suggestions. Your comments are confidential and in no way affect the awarding of your earned pin or bar.

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Sons of Norway  
1455 West Lake Street  
Minneapolis, MN 55408





## TIPS

### VARNISHING

Not all rosemaling pieces need to be varnished. If you choose to varnish, pick a regular oil-based varnish, with a satin finish, and apply with a sponge brush on a thoroughly dry piece, always checking for drips and runs.

## PART 3: CREATING AN HEIRLOOM OR DISPLAY PIECE

After demonstrating that you can execute the strokes and forms of rosemaling by painting two larger designs in your chosen style, you are ready to apply what you have learned to an even more advanced project. You will be doing one project in this part and one elective activity. The project should:

- Demonstrate advancement in the skill beyond what was submitted for Parts 1 and 2
- Use correct form and design elements
- Use colors appropriate for the style you have selected
- Utilize a design that is appropriate in size and shape to the object selected

### Part 3 Activities

**Activity 1: Complete one large design on a 10 to 12" (approximate size) three-dimensional object.** Possible objects to paint include bowl, tankard, covered oval, round or square box, basket, etc. The Vesterheim Norwegian-American Museum Store carries a variety of wooden objects with a Scandinavian focus. Craft stores are also a good source for project materials.

- Consult the resource list found on page 15 for possible designs.
- Your design should be in the same style that you selected for the projects in Part 1 and 2.
- Take two pictures of your project: one showing the project in process and one showing the completed work.

**Activity 2: Complete one elective activity.** Choose from any of the Elective Activities listed on pages 14 and 15.

### Submitting your work

**Complete the Rosemaling Pin Application Form included in this section, and submit all of the following items:**

- ☐ Two photos of the rosemaling project created, 1 in process, 1 completed
- ☐ Elective activity requirements
- ☐ Unit evaluation form

★ *Remember you must include photocopies, photographs or scans of your projects and elective activity requirements with your completed pin application form. Failure to include the required items will delay the awarding of your well-deserved pin or bar! To help make this unit even better, please take time to fill out the evaluation form provided at the end of this unit.*

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Cultural Skills Program  
1455 West Lake St.  
Minneapolis, MN 55408

- ★ Please make copies of materials sent by mail. Original items will not be returned.

## PIN APPLICATION FORM - ROSEMALING PART 3

### CONTACT INFORMATION:

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

### LODGE AFFILIATION INFORMATION:

(Required) Membership #: \_\_\_\_\_

District #: \_\_\_\_\_ Lodge #: \_\_\_\_\_ Year of Birth: \_\_\_\_\_

### I am attaching (all required):

1. One design on a 10" to 12" three dimensional object, including two project photos, 1 in-process, 1 completed
2. Elective activity # \_\_\_\_\_
3. Evaluation Form

Have you received Cultural Skills Program pin awards previously? ☐ Yes ☐ No

If yes, please list: \_\_\_\_\_

Signature (Cultural Skills Applicant)\*\* \_\_\_\_\_ Date \_\_\_\_\_

*\*\*By signing this form and accepting awards you are giving Sons of Norway Headquarters permission to use your photos in future promotional materials.*

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City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E- Mail address: \_\_\_\_\_ Daytime Tel: (\_\_\_\_) \_\_\_\_\_

### FOR SONS OF NORWAY HEADQUARTERS USE ONLY

(Signature of Fraternal Dept. Cultural Skills Program Coordinator) \_\_\_\_\_ Date \_\_\_\_\_





## UNIT EVALUATION FORM - ROSEMALING PART 3

I am providing this evaluation form after completing Rosemaling - Part 3

For each of the four questions below, please check the box that fits your opinion most accurately.

	Agree	Disagree
1 Instructions for this part were easy to follow.	<input type="checkbox"/>	<input type="checkbox"/>
2 Requirements for this part were reasonable.	<input type="checkbox"/>	<input type="checkbox"/>
3 Elective activities provided a lot of choices.	<input type="checkbox"/>	<input type="checkbox"/>
4 Required activities were interesting.	<input type="checkbox"/>	<input type="checkbox"/>

This part has (check all that apply):

- ☐ Helped me gain a better appreciation of Norwegian heritage & culture.
- ☐ Increased my involvement with other lodge members (such as participation in formal & informal discussions, presentations, formal group activities, etc.).
- ☐ Increased the interest of my lodge in the Cultural Skills Program because of my participation through special interest groups, presentations, or cultural fairs.
- ☐ Offered me an opportunity to involve or pass on this skill/interest to family members or other interested individuals.
- ☐ Helped prepare me to participate in the district and/or International Folk Art Exhibition & Competition.

**FEEDBACK:** To improve the unit, please add comments and suggestions. Your comments are confidential and in no way affect the awarding of your earned pin or bar.

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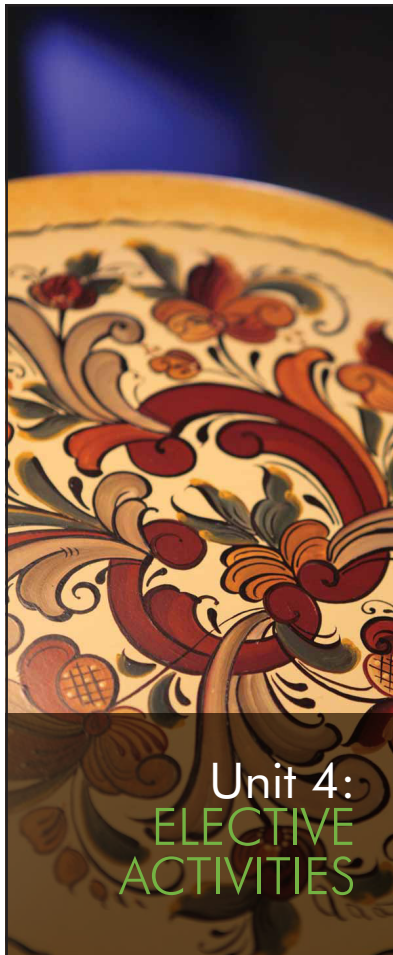
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Cultural Skills Program  
Sons of Norway  
1455 West Lake Street  
Minneapolis, MN 55408





## Unit 4: ELECTIVE ACTIVITIES

### WHAT'S A SUMMARY OR A REPORT?

The writing required by an elective activity is used to explain what you've experienced or learned. Focus on what you learned and not on spelling or grammar; your report is not graded. And, if it makes writing easier, just imagine writing a letter to a friend! Please write a minimum of 2 or 3 paragraphs unless otherwise stated in the elective. However, if you wish to write more and would like to enclose additional photos, articles, etc. please feel free to do so.

Select one elective activity for each part of the rosemaling unit. Because of local resources, geographic location and other factors, not every activity is available to every member. All the activities are appropriate for all three levels of this unit. However, if the elective involves a painted item, the project chosen should be appropriate for the level you are working on (or higher) and should demonstrate advancement beyond prior work.

- 1 Write a short article about rosemaling for publication in your lodge newsletter. Submit a copy of the newsletter that contains the article with your pin application.
- 2 Write a short article about how you became interested in rosemaling. Who or what inspired you?
- 3 Interview a rosemaling instructor or artist. Ask how and when they became interested in rosemaling, how they were trained, what satisfaction/frustrations they derive from rosemaling and other questions of interest to you. Write a one page report. Include a picture of the artist with one of their pieces.
- 4 Write a short paper about the differences between Telemark and Hallingdal styles of rosemaling. Include a discussion of color and design differences.
- 5 Complete a unit project in a style different from the one you used for your main project. Write a short paper that compares the two styles. Include a discussion of color and design differences. Also include two photographs of the project: one showing the work in process and one showing the completed piece. If you wish to repeat this elective, the piece duplicated should be appropriate for the level you are working on.
- 6 Create your own design. Perhaps you have a design you would like to try. If you wish to repeat this elective, the piece entered should be appropriate for the level you are working on. Submit two pictures of your piece: one showing the project in process and another picture showing the finished piece.
- 7 Participate in a rosemaling class in your lodge or community. Attend at least four meetings. Provide the dates, locations and activities of each meeting in your summary.
- 8 Establish a rosemaling class or group in your lodge or community. If a teacher is unavailable, check for self-study materials you could use with a group of motivated participants. Consider working together to fulfill the requirements for the rosemaling unit. Conduct a minimum of four meetings. As the coordinator, call the meetings, insure the meeting dates are published in the lodge newsletter and attend at least 4 meetings. You do not need to make a presentation. Provide the dates, locations, and activities for each meeting in your report.
- 9 Share what you have learned. Select a design to teach basic rosemaling to a family member, lodge member or friend. Write a summary of the experience including:
  - Who you are sharing the rosemaling experience with
  - Challenges experienced teaching the technique
  - The design you chose to use
  - A photo of your student and project
- 10 Share what you have learned. Give a presentation on rosemaling and/or the Cultural Skills Program to your lodge. Write a summary of the experience including the time and date of the presentation, the number of people in attendance, some of the questions attendees asked and a photo of you giving the presentation.
- 11 Set up a Help Night in your lodge or community. Invite teachers of Norwegian cultural skills — Hardanger, rosemaling, woodcarving, and/or others — to assist members who require advice and/or assistance in completing Cultural Skills units. As the coordinator, insure the meeting date is published in the lodge newsletter or local newspaper. Include photos taken at the event, copy of the newsletter or newspaper and tell us a little about the event.

(Continued on page 15)

- 12 Demonstrate rosemaling at a community event. Local organizations are always looking for people who are willing to demonstrate their talents and answer questions. Check with your historical society, fair board, museums and other local organizations. It is another good way to get people interested in rosemaling and Sons of Norway! Include a picture of you doing the demonstration, and/or a copy of the program or article talking about you and the demonstration along with a summary of your thoughts about the presentation.
- 13 Organize an exhibit in your lodge or community. Invite local practitioners of rosemaling and other Norwegian crafts to show their creations and demonstrate their craft techniques. Strive to show a minimum of 25 items. See if other lodge members or community members might wish to co-sponsor the exhibit. As the coordinator, ensure the exhibit date is published in the lodge newsletter or publicized in the community. Include a photograph taken at the event along with the meeting notice from the newsletter or newspaper.
- 14 Enter your work in a community competition. Many people are inspired to try a new technique when they see something at a local fair or event. Include a photo of your project, preferably one showing it on display. Include a copy of your registration form when it is returned showing how you placed.
- 15 Enter your work in the Sons of Norway International Folk Art Exhibition and Competition or at your district convention. The piece entered should be appropriate for the level you are working on. Include a photo of your project, preferably one showing it on display. Include a copy of your registration form when it is returned showing how you placed.
- 16 Teach beginning rosemaling at a youth camp or at your lodge's youth group. Summarize your experience in 1 – 2 pages. Include:
  - Who (number of youth and ages) you are sharing the rosemaling experience with
  - Challenges experienced teaching the technique
  - The design you chose to use
  - Include a minimum of 3 photos of the rosemaling session. One photo must show you in the instructor role.
  - Include your summary and the photos for submission with the Pin Application Form
- 17 Find out what items are frequently painted with rosemaling in Norway. If you can also include some of the most unusual items they paint. Write up a summary (1 – 2 pgs) of your findings including your comments about what you found appealing.
- 18 Create your own elective activity. Don't see the elective activity that you wish to do? Make a suggestion by emailing [culturalskills@sofn.com](mailto:culturalskills@sofn.com) or calling 800-945-8851. You must get prior approval for your elective activity.

## PARTIAL LIST OF RESOURCES

### Beginning Level Information

- "Rosemaling Heirlooms of Tomorrow: The Complete Guide to Shaded Telemark Style Norwegian Rosemaling" by Joanne S. MacVey
- "Hallingdal Rosemaling - A Round Brush Technique" by Claudine Schatz (*Currently out of print but a good resource, check Amazon.com or Ebay*)
- "Norwegian Rosemaling - Decorative Painting on Wood" by Margaret M Miller and Sigmund Aarseth
- "Rosemaling for Anyone" by Lois Mueller
- "Lucky Strokes" by Lois Mueller

### Intermediate & Advanced Level Reading

- "Lessons in Rosemaling – Valdres" by Lois Mueller
- "Aarseth's Rosemaling Design - Norwegian Rosemaling Telemark Style" by Sigmund Aarseth
- "Rose-Painting in Norway" by Randi Asker
- "Rosepainting in Norway" by Margaret M Miller and Sigmund Aarseth
- "Norwegian Rose Painting" soft cover by Nils Ellingsgard
- "Norwegian Rose Painting in America" hard cover by Nils Ellingsgard
- "Rosemaling in the Upper Midwest" by Philip Martin
- "Norwegian Folk Art: The Migration of a Tradition" by Dr. Marion Nelson
- "Norsk Rosemaling" by Lars Stana
- The Folk Arts of Norway, 2nd Edition by Janice S. Stewart
- "Vesterheim Rosemaling Letter" (Quarterly newsletter) by Vesterheim Norwegian-American Museum

### Many of these books are available through:

Vesterheim Museum Store  
[www.vesterheim.org](http://www.vesterheim.org)  
[giftshop@vesterheim.org](mailto:giftshop@vesterheim.org)

523 W. Water Street  
 Decorah, IA 52101  
 (563) 382-9682  
 1-800-979-3346

## SOURCES FOR HERITAGE WOODENWARE

- **Stave construction ambars, boxes, salt boxes, flax knives, staups, specialty bowls**

Norskedalen Heritage Wood  
Mark Staples  
1801 15th Avenue, Star Prairie, WI 54026  
(715) 248-7338, [mstaples@frontiernet.net](mailto:mstaples@frontiernet.net)

- **Bowls, plates, boxes, mangletre, stave heritage pieces, cupboards, bentwood, Christmas ornaments, paints, brushes, books, pattern packets, tine, misc.**

Vesterheim Museum Stores  
523 W. Water Street, Decorah, IA 52101  
(563) 382-9681 or (800) 979-3346  
[www.vesterheim.org](http://www.vesterheim.org)

- **Tines and bentwood baskets**

John Wanke  
9401 120th St. NE, Spicer MN 56288  
(320) 796-5095 [www.scandinavianexpression.com](http://www.scandinavianexpression.com)

- **Plates and bowls**

Paul Loftness  
32443 - 651st Avenue, Gibbon, MN 55335  
(507) 834-6948

- **Three-legged chairs, bowls, cupboards, misc.**

Lusk Scandia Woodworks  
N906 County Road Pl, Coon Valley, WI 54623  
(608) 452-3472, [www.luskscandiawoodworks.com](http://www.luskscandiawoodworks.com)

- **Boxes, bowls, misc.**

Turns in Time  
7275 Commerce Plaza Drive, Neenah, WI 54956  
(800) 840-1497, [www.turnsintime.com](http://www.turnsintime.com)

- **Plates, bowls, misc.**

Turn of the Century Wood Products  
Roger Boettcher  
4505 W 650 N, Thorntown, IN 46071  
[www.turnofthecentury-in.com](http://www.turnofthecentury-in.com)

- **Miscellaneous woodenware, paint, brushes, etc.**

Viking Woodcraft  
1317 - 8th Street S.E., Waseca, MN 56093  
[www.vikingwoodcrafts.com](http://www.vikingwoodcrafts.com)

## ROSEMALING ASSOCIATIONS

- **California Rosemaling Association**

[www.califrosemaler.org](http://www.califrosemaler.org)

- **Illinois Norsk Rosemaling Association**

[www.rosemaling.org](http://www.rosemaling.org)

- **Twin Ports Rosemaling Society**

Superior, WI/Duluth, MN  
[www.twinportsrosemaling.org](http://www.twinportsrosemaling.org)

- **Western Rosemalers Association**

[www.rosemalwood.com/western rosemalers association.htm](http://www.rosemalwood.com/western%20rosemalers%20association.htm)



# CULTURAL SKILLS SUPPLY LIST FOR ROSEMALING – TELEMAR AND HALLINGDAL FOR ALL THREE PARTS

## Artist oils:

### Beginning:

- Titanium White
- Burnt Umber
- Prussian Blue
- Cadmium Red Light
- Rembrandt Yellow Ochre
- Rembrandt Green Earth
- Mars Black

### Intermediate & Advanced:

- Unbleached Titanium White
- Raw Umber
- Burnt Sienna
- Raw Sienna
- Cadmium Yellow Light
- Terra Rosa
- Transparent Red Oxide

## Brush Options:

Loew-Cornell's Golden Taklon, black-handled brushes are just one of several brands available. Winsor & Newton's Series 520 and Robert Simmons Expressions are other dependable brands. If you continue painting, it is very helpful to have several of each one to use for separate colors.

Here are some specific recommendations from Loew-Cornell's Golden Taklon series:

- Rounds, sizes 4 & 6  
Series 7000



- Filberts, sizes 4 & 6  
Series 7500



- Liners, for detailing  
Long liner, size 1: Series 7050 script  
Medium liner, size 2: Series JS,  
Jackie Shaw or Raphael  
Short liner, size 1: Series 7350



- Chisel blender, to make circles, size 2 or 4  
Series 7450



## Other supplies:

Walnut alkyd medium or boiled linseed oil to liquefy the paints, disposable paper palette and a palette knife that is flexible. Turpenoid Natural in the green can for cleaning-storing-conditioning brushes, Viva paper towels cut in half or fourths, dustless chalk for transferring patterns, stylus or dry ball point pen for transferring patterns, jar with beans or rice to hold brushes, Better Way Brush Cleaner for Oils for cleaning up mistakes.

## Base-Painting/Backgrounding:

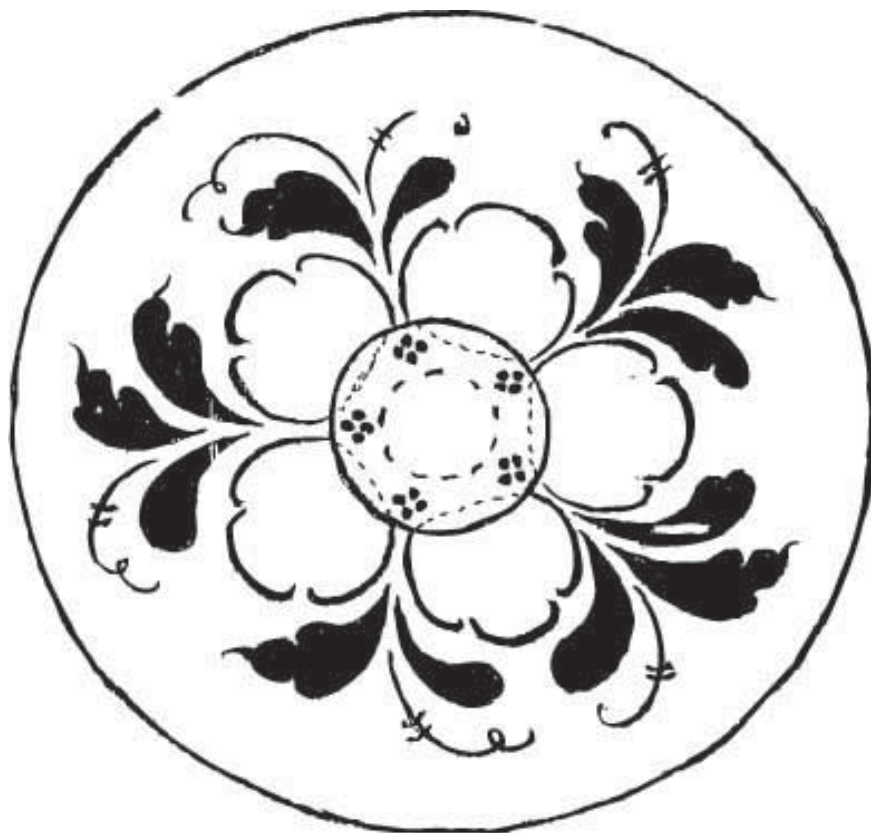
Background colors  
Acrylic Ceramcoat: Red Iron Oxide (rust red); Tomato Spice (Hallingdal red); Midnight (dark blue); ½ Midnight and ½ Black (Black Blue); Cosmos (Norsk Blue); Fjord Blue (dark blue gray); Black Green; Dark Forest Green (Telemark green); Forest Green (medium olive green); Grey Green; Sandstone (gray white); Antique White (off white).

Interior latex paints need to dry overnight before recoating. Benjamin Moore and Sherwin Williams will mix rosemaling colors in latex, satin finish if you bring them a color sample. Using sanding blocks works the best to sand between coats.

Before beginning your project, you'll need to prepare your surface by base-painting or backgrounding it. You can use a wide range of materials – wood, cardboard, posterboard or even cereal boxes work well. You'll need to put down two coats of acrylic paint. First, brush on a thin coat of paint with a foam brush, using only enough to cover. Brush in straight, overlapping and smooth strokes or in a circular motion if you're working on a round wooden piece. Let dry, and then sand with a sanding disc. Wipe the dust off with a damp paper towel. Apply a second coat of paint and let dry. Sand lightly again. Now you're ready to trace your pattern.

## Color mixes:

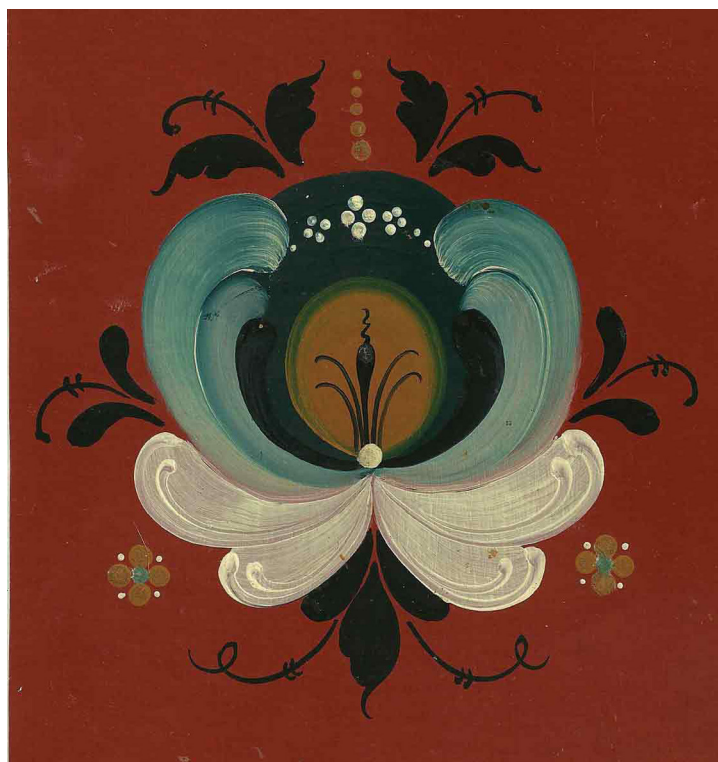
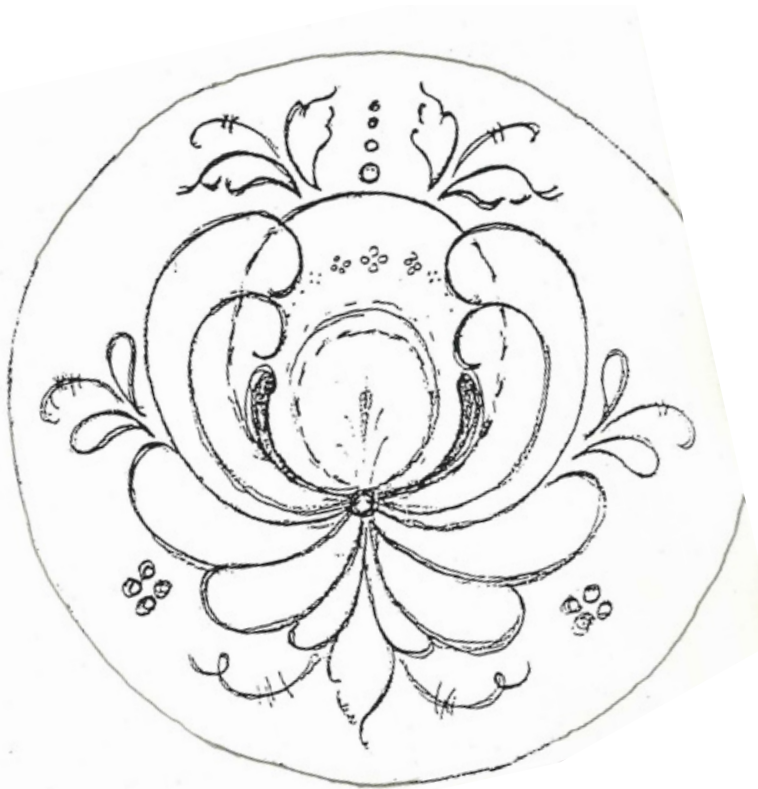
- Green Blue - Prussian Blue 2/3, Yellow Ochre 1/3
- Gray Blue - Prussian Blue 1/3, Burnt Umber 1/3, Titanium White 1/3
- Bright Red - Cadmium Red Light 5/6, Burnt Umber 1/6
- Dark Red - Cadmium Red Light ½, Burnt Umber ½ or Transparent Red Oxide
- Green - Green Earth, lighten with Yellow Ochre or Cadmium Yellow Light
- Yellow - Yellow Ochre, tad Burnt Umber, tad Titanium White
- "Dirty" White - Titanium White, tad Burnt Umber, tad Yellow Ochre or Unbleached Titanium White



# Rosemaling

## PART 1: HALLINGDAL PATTERN

BY JUDY KJENSTAD AND SHIRLEY EVENSTAD



# Rosemaling

## PART 1: TELEMARK SAMPLE

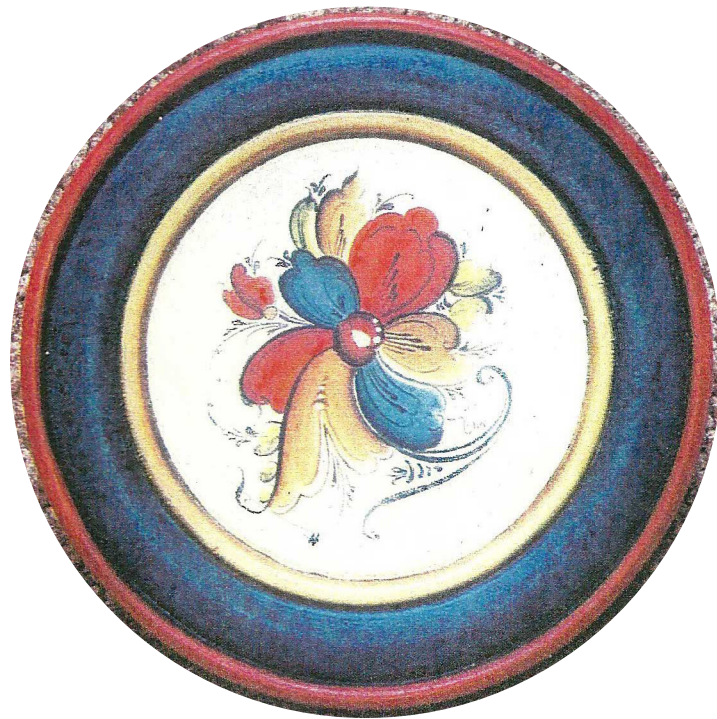
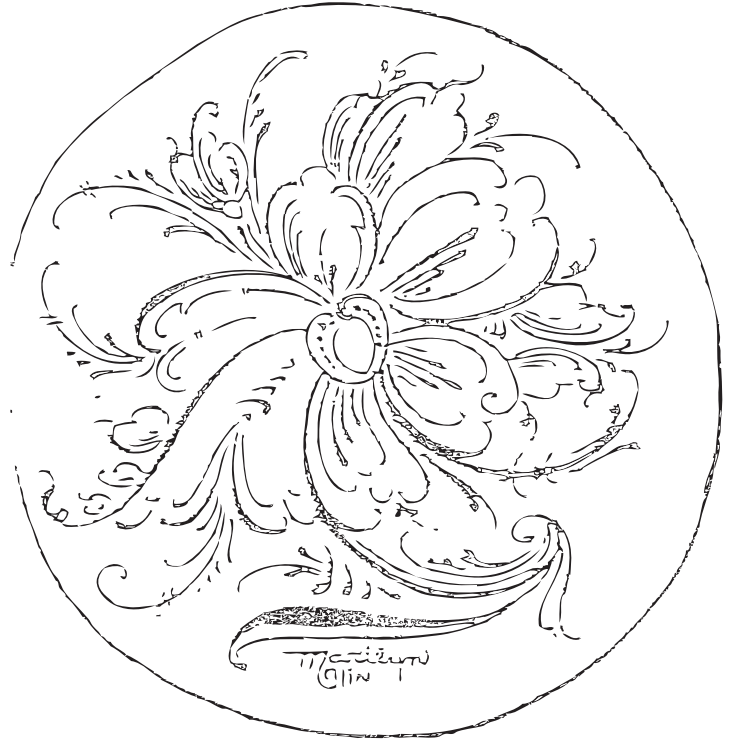
BY JUDY KJENSTAD AND SHIRLEY EVENSTAD











### COLORS USED:

Grey Green, Gold, or Light Blue Background  
Small amounts of colors in ( )

- White: TW, (RU), (YO)
- Blue: PB, BS or BU, TW in thirds
- Gold: YO, (RU), (TW)
- Red: CRL, (RU), (TW)
- Green: GE or CYL, (MB)  
(PB for blue green)

### PAINTING ORDER:

- 1 white petals
- 2 gold circle
- 3 red circle
- 4 green center
- 5 center white teardrops (size 4 round)
- 6 blue fronds on white petals
- 7 red and black lining on white petals
- 8 blue leaves
- 9 gold leaves
- 10 line blue and gold leaves
- 11 finish detail on red center when dry
- 12 gold dots, white dots last



# Rosemaling

## PART 2: HALLINGDAL 6"-8" PROJECT PATTERN

BY SHIRLEY EVENSTAD

### COLORS USED:

Hallingdal 6-8" project on blue background  
Use small amounts of colors in ( )

- White: TW, (RU), (YO) or Unbleached TW
- Blue: PB, BS or BU, TW in thirds
- Gold: RS, YO, half and half
- Red: CRL, (RU), (TW) or Terra Rosa
- Green: CYL, (MB), (PB for blue green) or Green Earth

### PAINTING ORDER:

- ① red petals
- ② green outer center, cleaning up red edges
- ③ blue inner circle
- ④ 4 sets green outer leaves
- ⑤ 4 sets yellow inner leaves
- ⑥ 4 sets black leaves
- ⑦ linework and details from center ring out
- ⑧ let red petals dry before teardrops are put on
- ⑨ let center dry before white crosshatching etc.

