

UNIT 34: HARDANGER FOR YOUTH

Prepared by Liv Dahl • Youth level created by Karly Christensen, February, 2000
Sons of Norway Fraternal Department



INTRODUCTION AND GUIDELINES

Hardanger Embroidery first began in the Hardanger region of Norway, where stitchwork artists took the Italian stitchwork “reticella” and translated it into *hardangersøm*.

In the beginning, *hardangersøm* was mainly used on apron borders and collars. But as more people used tablecloths and napkins, it became popular to decorate them with *hardangersøm*. As each area in Hardanger developed its own *bunad* (folk costumes of Norway), *hardangersøm* was used on some of the head-dresses, breast cloths and hand covers (used to cover the hands in church). All young girls were expected to learn to do *hardangersøm* well enough to be able to embroider their own *konfirmasjonsforkle* (confirmation apron).

Today, *hardangersøm* is done by boys and girls alike and is very popular among Norwegians and Norwegian-Americans.

Guidelines

In order to fulfill the requirements for the youth level of this unit, you must complete the “To Do” starred activities and choose one activity from [Elective Activities](#) (see p. 2). You must also complete a Final Report on page 3 (forms are attached).

Instructions

TO DO

If you have never done Hardanger embroidery before, we recommend that you get a book on basic Hardanger embroidery (see list on page 2).

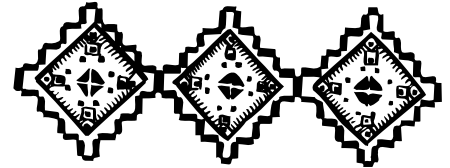
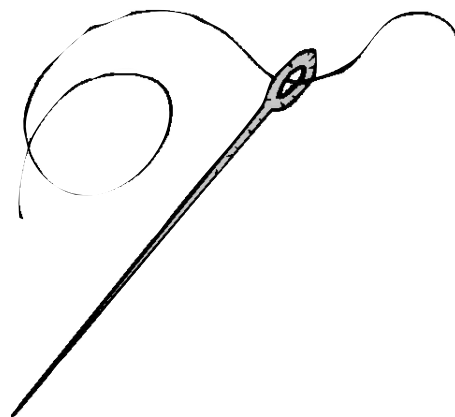
***1.** To show that you know the following basic stitches, make a sampler that has the following stitches:

- Satin stitch
- Weaving
- Picots
- Eyelets
- Star
- Adjoining wrap
- Buttonhole edge stitch
- Cutting
- Webs
- Spokes
- Box-in stitch
- Cable stitch

***2.** a.) Demonstrate these techniques in two to five simple items. It is not necessary to include all above stitches.

For example, make a doily, a placemat, a bookmark, Christmas ornaments.

b.) Take one or more photos of your items and submit the photos with your Final Report.



Elective Activities

CHOOSE ONE

***1.** Write a short article about Hardanger embroidery. Submit it with your final report and offer it for publication in your lodge newsletter. Suggested length: 100–200 words.

***2.** Form or join a crafts club in your lodge or local community. Meet at least four times and work together on your crafts. Write a brief report and take pictures.

***3.** Find and interview a mentor in Hardanger embroidery—a relative or Sons of Norway lodge member who has been doing Hardanger embroidery for a long time. Prepare five to 10 questions for them about when/where/how/why they started and what kinds of things they’ve made. Take a picture of yourself with your mentor and write down their responses to your questions. Include the mentor responses with your Final Report.

***4.** Read magazines, books or articles that will help you become better at *Hardangersøm*. If possible, visit a needlework store selling Hardanger supplies or a craft fair. Write a report on what you’ve learned. Suggested length: one page.

Final Report:

Fill in the attached report form, page 3. Complete and return the Feedback Questionnaire.

PARTIAL LIST OF BOOKS ON HARDANGER EMBROIDERY



<i>Title</i>	<i>Publication</i>
<u>Hardanger Embroidery for the Table I</u>	Meier & Watnemo, Nordic Needle, Inc.
<u>Family Traditions in Hardanger Embroidery</u>	Boe, Nordic Needle, Inc.
<u>Hardangersøm of Vesterheim, Vol. I.</u>	Gustafson, Nordic Needle, Inc.
<u>Hardangersøm of Vesterheim, Vol. II.</u>	Gustafson, Nordic Needle, Inc.
<u>Heritage Hardanger for Christmas.</u>	Merritt, The Dove's Eye
<u>Hardanger Memories II</u>	Meier & Watnemo, Nordic Needle, Inc.
<u>Hardanger Embroidery for Special People.</u>	Sutherland, Nordic Needle, Inc.
<u>Tomorrow's Heirlooms in Hardanger Embroidery.</u>	Dobberpuhl, Nordic Needle, Inc.
<u>Hardanger Embroidery Kits</u>	Meier & Watnemo, Nordic Needle, Inc.
<u>Classy Clothing in Hardanger Embroidery</u>	Abel, Nordic Needle, Inc.
<u>Hardanger Liturgical Stoles for the 21st Century</u> . .	Boysen and Matson, Nordic Needle, Inc.

OTHER RELATED BOOKS



<i>Title</i>	<i>Publication</i>
<u>The Folk Arts of Norway</u>	Stewart, Dover Publications
<u>Scandinavian Christmas Charted Designs</u>	Hauschild, Dover Publications
<u>Scandinavian Folk Patterns for Counted Thread Embroidery</u>	Finseth, Pacific Search Press

INTERNET RESOURCE



www.classicstitches.com/know_how.cfm?how_to_do_id=193&how_to_cat=techniques

BIBLIOGRAPHY



See *Hardangersøm of Vesterheim, Vol. I*

SUPPLIES

All materials for doing Hardanger embroidery are available by mail from:

Nordic Needle, Inc.
1314 Gateway Drive
 Fargo, ND 58103
1-800-433-4321

Unit 34: HARDANGER EMBROIDERY FOR YOUTH

I have completed the requirements for Hardanger Embroidery, Youth Level.

I. Attached are photos of the following items:

1. A sampler demonstrating the basic techniques

2. I chose to make the following item(s) (e.g. doily, placemat, etc. –please specify)

3. I chose 1 2 3 4 (circle one) as my optional activity. My report and photos are enclosed.

Name: _____

Lodge Name: _____ Dist#: _____ Lodge#: _____

Mailing Address: _____ City: _____ State: _____ Zip: _____

E-mail address: _____ Home Telephone: (_____) _____

Have you received Cultural Skills Program pin awards previously? Yes No *If yes, please specify:* _____

Signature (Applicant) _____ Date _____

Printed name of Lodge Cultural/Social Director _____ Date _____

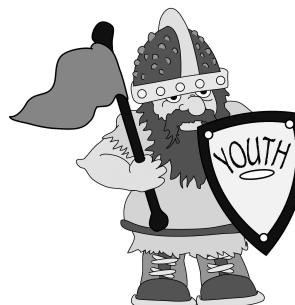
Mailing address of Cultural/Social Director, Secretary or other designated person _____ City _____ State _____ Zip _____

E-mail address _____ Daytime Telephone: _____

Signature (Headquarters) _____ Date _____

**Mail this form, your photos
and your report to:**

**Sons of Norway
Cultural Skills Report
1455 West Lake St.
Minneapolis, MN 55408**



EVALUATION FORM

Please keep this original and make the necessary copies to complete your report.

CULTURAL SKILL COMPLETED: **HARDAGNER EMBROIDERY FOR YOUTH**

Instructions: For each of the seven questions below, please check the box which fits your opinion most accurately. The choices are: **Agree (A)**, **Neutral (N)** and **Disagree (D)**. It would be helpful for improving the unit if you would also add your specific comments in the space provided.

- | | A | N | D |
|---|--------------------------|--------------------------|--------------------------|
| 1. The instructions for this unit were easy to follow | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. The requirements for this unit were reasonable | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. There were enough varied choices for optional activities | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. There were enough instructions and guidelines for doing the activities | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. The unit provided interesting activities | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. The unit increased my understanding of Norwegian heritage | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. The unit promoted my involvement in the lodge | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

SPECIFIC COMMENTS: In the space below, please add other comments and suggestions you may have with respect to this unit. Your comments are confidential and in no way affect the awarding of your completed pin/bar.

Please send the Evaluation Form to:

**Culture Department
Sons of Norway
1455 West Lake Street
Minneapolis, MN 55408**