



Sons of Norway
HERITAGE PROGRAMS



IdeaBank52

COUNTIES IN NORWAY

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Counties in Norway

Reason/Need for the Program Idea:

Helps familiarize one to the map of Norway, the location of the 19 counties, and the location of various centers. It is also a good “ice breaker” to start conversation when done as small groups or at tables.

Persons Needed:

One person to present the directions, and participants.

Materials Needed:

An outline map of Norway listing the 19 counties, a small Norwegian map such as is provided with new member information packet from Sons of Norway (or one large wall map if one small map per table is not available), writing materials to answer the list of appropriate questions (the number of questions provided can be determined by the amount of time available for the program).

Ideal Location:

Any location with a table and chairs and proper lighting.

Ideal Time:

Can be done anytime. We used it as a short program after a potluck supper.

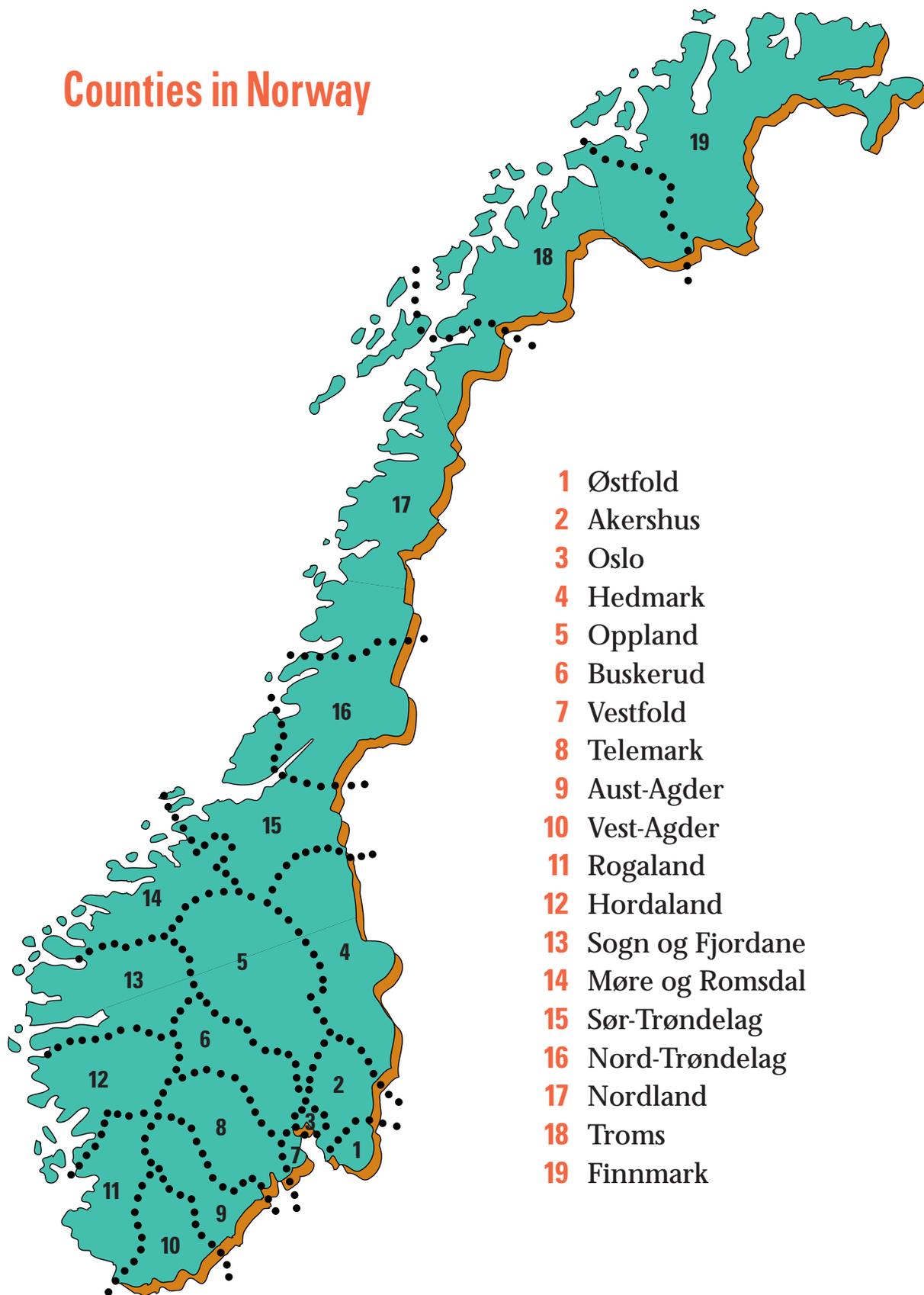
Preparations:

How far ahead should planning start? The development of the program idea and the printing of the materials were done in one day. Adequate time to make the materials available is all that is necessary.

Other Important Information:

Any map showing the counties of Norway may be used. To assist with the answering of questions, the 19 counties were listed with some of the major cities found in each of the counties. To encourage a continued interest in working with the map of Norway, the last question should pertain to where the individual's roots are located. This could then be used as a part of another program, having members show on a larger map where their family's roots are located.

Counties in Norway



Major Cities in the Counties of Norway

Ostfold:	Moss, Fredrikstad, Halden
Akershus:	Lillestrøm, Eidsvoll, Lørenskog
Oslo:	Oslo
Hedmark:	Tynset, Hamar, Kongsvinger
Oppland:	Dombås, Fagernes, Lillehammer, Dokka
Buskerud:	Kongsberg, Hønefoss, Gol
Vestfold:	Sandefjord, Tønsberg
Telemark:	Prossgrunn, Rjukan, Kragerø
Aust-Agder:	Bygland, Evje, Grimstad
Vest-Agder:	Kristiansand, Flekkefjord, Vigeland
Rogaland:	Haugesund, Karmøy, Stavanger
Hordaland:	Bergen, Voss, Odda
Sogn og Fjordane:	Dale, Sogndal, Nordfjordeid
Møre og Romsdal:	Kristiansund, Molde, Ålesund
Sør-Trøndelag:	Trondheim, Røros, Oppdal
Nord-Trøndelag:	Namsos, Steinkjer, Solem
Nordland:	Kjøpsvik, Bodø, Mosjøen
Troms:	Tromsø, Torsken, Harstad
Finnmark:	Kirkenes, Hammerfest, Alta

Trivia Questions

Norway is composed of nineteen counties. Using the large map, the map at your table, and the map attached, locate each of the counties and answer the following questions with the name of a Norwegian county:

1. The county with the northern-most city in the world is _____.
2. The county which holds the Norwegian capital is _____.
3. The county where the Norwegian constitution was signed is _____.
4. The county that is home to the famous Nidaros Cathedral is _____.
5. The county which holds the “Prekestolen” or Pulpit Rock over the Lysefjord is _____.
6. The county which hosted the 1994 Winter Olympics is _____.
7. The county considered the “cradle” of skiing is _____.
8. The county where your family came from in Norway is _____.

Trivia Answers

1. The county with the northern-most city in the world is **Finnmark**.
2. The county which holds the Norwegian capital is **Oslo**.
3. The county where the Norwegian constitution was signed is **Akershus**.
4. The county that is home to the famous Nidaros Cathedral is **Sør-Trøndelag**.
5. The county which holds the “Prekestolen” or Pulpit Rock over the Lysefjord is **Rogaland**.
6. The county which hosted the 1994 Winter Olympics is **Oppland**.
7. The county considered the “cradle” of skiing is **Telemark**.
8. The county where your family came from in Norway is _____.