



**Sons of Norway**  
**HERITAGE PROGRAMS**



**IdeaBank#56**

## **HAND-KNIT WATCH CAP AND SCARF FUNDRAISER**

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# CULTURAL SKILLS FUNDRAISER—HAND-KNIT WATCH CAP AND SCARF

**NEED FOR THIS IDEA:** The completion of items, such as a hand-knit watch cap or scarf, will demonstrate the knowledge of basic knitting techniques and fulfills part 1A and 2B of the Cultural Skills Unit 6: Hand Knitting. Also, a quantity of caps and scarves and/or cap/scarf sets could be knitted to be sold for lodge fundraising, or donated to the needy as an act of community service on behalf of the lodge. For example, cap and scarf sets could be donated to the International Seaman's House, 1222 W. Olney Rd., Norfolk, VA 23501 no later than November 1st for the annual "Santa Sacks" project.

**PERSONS NEEDED:** Individual knitter as a Cultural Skills participant; or a group of knitters, for a lodge project.

**MATERIALS/SUPPLIES NEEDED:** See Watch Cap and Scarf Directions attached. The materials and supplies that are needed are specified.

**IDEAL LOCATION:** This is to be determined by participating knitters.

**IDEAL TIME:** This is also to be determined by participating knitters.

**PREPARATIONS:** This depends entirely upon when items will be sold or donated and how many knitters are participating. Vonheim lodge's project was cap/scarf sets knit by individual members during the months of February through October. They were donated in November to fill "Santa Sacks" distributed to merchant seamen at a port at Norfolk, VA, by Norfolk Seamen's Friend Society (International Seamen's House) from December 8 through January 3.

**OTHER IMPORTANT INFORMATION:** The scope of the project should be determined in advance. Designate a coordinator, invite participation in your lodge newsletter from January through February and acknowledge participation in your newsletter during the fall of the year. Record volunteer hours for the lodge fundraiser as fraternal support or when donating to the needy as a community service, if the project is done on behalf of the local lodge.

# WATCH CAP

*BEFORE YOU BEGIN, PLEASE READ COMPLETE DIRECTIONS*

**MATERIAL:** 4-PLY KNITTING WORSTED, 3 OZ. = ONE WATCH CAP  
**NEEDLES:** NO. 6, ONE PAIR SINGLE POINT  
WOOL NEEDLE—FOR JOINING SEAM AND CROWN  
**GAUGE:** 5 STS TO INCH; 7 ROWS TO INCH (GARTER STITCH) (KNIT AS CLOSELY TO GAUGE AS POSSIBLE)

## **DIRECTIONS:**

**BORDER OF CAP:** CAST ON 84 STS; K2, P2 FOR 4 INCHES

**BODY OF CAP:** KNIT EVENLY FOR 20 ROWS (=20 RIDGES)

**TO FORM CROWN:** K10, K2TOG, REPEAT FROM (\*) ACROSS

*NOTE: KNIT EVENLY ACROSS ON ALTERNATE ROWS, EXCEPT THE LAST.*

K 9, K2TOG, REPEAT FROM (\*) ACROSS

K 8, K2TOG, REPEAT FROM (\*) ACROSS

K 7, K2TOG, REPEAT FROM (\*) ACROSS

K 6, K2TOG, REPEAT FROM (\*) ACROSS

K 5, K2TOG, REPEAT FROM (\*) ACROSS

K 4, K2TOG, REPEAT FROM (\*) ACROSS

K 3, K2TOG, REPEAT FROM (\*) ACROSS

K 2, K2TOG, REPEAT FROM (\*) ACROSS

K 1, K2TOG, REPEAT FROM (\*) ACROSS

*ON THE LAST ALTERNATE ROW, KNIT 7. THERE ARE NOW 7 STS ON EACH NEEDLE.*

**TO JOIN CROWN:**

With half the sts on each needle, break wool (leaving at least 15 inch length); thread into wool needle. Fold cap so that both needles are even and parallel (one in back of the other), with free yarn extending from right-hand end of back needle. While working, always keep yarn under knitting needles. Weave sts from front and back needles together with KITCHENER stitch or as follows:

\*Pass wool needle through first st on front knitting needle (from left to right) as if knitting. Slip st off needle. Pass through second st on same needle (from right to left) as if purling. Pull yarn through but leave st on needle. Pass through first st on back needle as if purling. Slip st off needle. Pass through second st on back needle as if knitting. Pull yarn through but leave st on needle. Repeat from (\*) until all sts are off needles. Pull yarn through and fasten securely, leaving extra length to sew up seam.

**TO SEW SEAM:**

Place edges of cap adjacent to each other, pattern matching. Secure edges with safety pins. Picking up outside loop of stitch from each side, sew back and forth, drawing two edges securely together from top of crown to bottom of cuff (brim). DO NOT SEW THROUGH DOUBLE THICKNESS.

*PLEASE DO NOT BLOCK WATCH CAP*

# **SCARF**

*BEFORE YOU BEGIN, PLEASE READ COMPLETE DIRECTIONS*

**MATERIAL:**

4-PLY KNITTING WORSTED, 4.5 OZ. = ONE SCARF

**NEEDLES:**

NO. 6, ONE PAIR SINGLE POINT

WOOL NEEDLE—FOR FINISHING

**GAUGE:**

5 STS TO INCH; 7 ROWS TO INCH (GARTER STITCH) (KNIT AS CLOSELY TO GAUGE AS POSSIBLE)

**DIRECTIONS:**

CAST ON 32 STS WITH MEDIUM TENSION

KNIT EVENLY FOR 14 INCHES

K4, P4 FOR 18 INCHES

KNIT EVENLY FOR 14 INCHES

BIND OFF WITH MEDIUM TENSION

*PLEASE DO NOT BLOCK SCARF*

# Sample invitation for lodge newsletter



Watch Cap

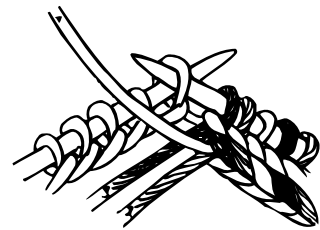


Watch Scarf

## Volunteer Knitters Needed

The (name of lodge) is seeking volunteers to knit cap and scarf sets for (purpose of project; e.g., Merchant Seamen's Christmas Packages).

Hours spent qualify as volunteer hours for a charitable organization, and the completed item counts as a demonstration of basic knitting techniques in Unit 6 of the Cultural Skills Program.



To receive complete details (about this lodge project), send a self-addressed, stamped #10 envelope to : (name & address of the lodge coordinator for this project).