

Dear Lodge/District Editors:

We are pleased to provide the latest edition of the Newsletter Service. This complimentary service is printed six times each year and may be used as a supplement to your lodge newsletter. The Newsletter Service provides a variety of information, ranging from current news and culture related articles to word finds and crossword puzzles. The Newsletter Service is also available on the Web at www.sonsofnorway.com, under the "Members Only" section. We hope you enjoy this issue and find its content to be beneficial.

Fraternally,

Eivind J. Heiberg

March 2005



A Little in English...

Own Channel For Folk Music

In December 2004, NRK began broadcasting "Folk music all the time" 24 hours a day. The new radio channel is digital and is built similarily to "Classical music all the time" All music is recorded beforehand and information on who is playing or what is being played can be determined through text and photos.

The channel is distributed via net radio and digital radio.

Journalist Leiv Solberg, who started the channel, partly explains the launch by saying it is no longer only the youth who know how the Internet and net radio work.

The channel is "for Norwegian folk music from all eras and nuances," writes NRK on its website.

NRK has a unique collection of folk music as far back as 1934 and up to today in its archives, which it now hopes will, in this way, be available to more people.

To hear the folk music channel, log on to www.nrk.no/kanal.nrk_alltid_folkemusikk. In the first article, click on "Høyr Alltid Folkemusikk direkte" and then at the top of the next page, click on "Hør På Nettradio."

-from Aftenposten



mars 2005

Litt på norsk...

Egen kanal for folkemusikk

I desember begynte NRK å kringkaste "Alltid folkemusikk" 24 timer i døgnet. Den nye radiokanalen er digital og bygd over samme lest som kanalfetteren "Alltid Klassisk". All musikk er altså lagt inn på forhånd, og hvem som spiller eller hva som blir spilt får man vite gjennom tekst og foto.

Kanalen vil bare bli distribuert via Nettradio og digital radio, dab.

Journalist Leiv Solberg, som åpnet kanalen, forklarer delvis satsningen med at det ikke lenger er slik at bare de unge vet hvordan Internett og nettradio fungerer.

Kanalen skal være "for norsk folkemusikk av alle datoer og avskygninger", skriver NRK på sine nettsider.

NRK har en unik samling av folkemusikk så langt tilbake som til 1934 og frem til i dag i sine arkiver som de nå håper at på denne måten vil bil tilgjengelig for flere.

For å høre på "Alltid Folkemusikk" skriv inn

www.nrk.no/kanal.nrk_alltid_folkemusikk. Under første artikklen, klikk på "Høyr Alltid Folkemussikk direkte" og så, på toppen av den neste nett side, klikk på "Hør På Nett radio."

-fra *Aftenposten*

Sons of Norway Announces Participation in the President's Volunteer Service Award

Prestigious Award Honors Outstanding Commitment to Volunteer Service.

Beginning on January 1, 2005, Sons of Norway is excited to announce the organization's participation in the PRESIDENT'S VOLUNTEER SERVICE AWARD, a national program recognizing Americans who have demonstrated a sustained commitment to volunteer service. This program is an excellent opportunity for Sons of Norway members to receive national recognition for their volunteer service to their communities.

Established in 2003, the PRESIDENT'S VOLUNTEER SERVICE AWARD gives Presidential recognition to individuals, families and groups who meet or exceed requirements for volunteer service, measured by the number of service hours preformed over 12-months. Different service level requirements provide opportunities for youth (up to age 14), young adults (ages 15 to 25), adults (25 and older), families and groups/lodges to qualify for awards.

While almost all volunteer service contributes to eligibility for the Award, volunteers are encouraged to participate in service that addressess particular areas of need in our Nation: Youth achievement, parks and open space, healthy communities (including physical and economic health), and public safety and emergency response. Because youth achievement, through the Adopt A School program, is an international cause for Sons of Norway, members are urged to focus on this category of service.

Visit the Sons of Norway website for more information about the program (www.sonsofnorway.com).

Questions?

For more information about Sons of Norway's participation in the PRESIDENT'S VOLUNTEER SERVICE AWARD, contact the Sons of Norway Volunteer Program Coordinator at 1-800-945-8851 or at volunteerprogram@sofn.com. For additional information, also visit www.PresidentialServiceAwards.gov.

Sons of Norway Centennial Tour - A Once In a Lifetime Opportunity

I am thrilled to announce the 2005 Centennial Tour to Norway from June 8-21, 2005. There is no doubt this trip will be an experience of a lifetime, and one that should not be missed! Join your fellow Sons of Norway members and celebrate 100 years of Norwegian independence from Sweden.

Phyllis and I invite you to join us on this memorable tour which will include numerous exciting Centennial events. The tour begins with the group attending the ceremonial opening of the new Svinesund Bridge linking Norway and Sweden and attended by both His Majesty King Harald V of Norway and His Majesty King Carl Gustav of Sweden.

Other tour highlights include the world premier Opera performance of "Aurora" at the Fredriksten Fortress in Halden, the districts of Telemark and Hardanger, and time in Bergen featuring exhibitions and events connected to the Centennial celebration.

A visit to Tubfrim is included, as well as a very special farewell banquet at the Grand Hotel, Oslo, attended by a surprise guest.

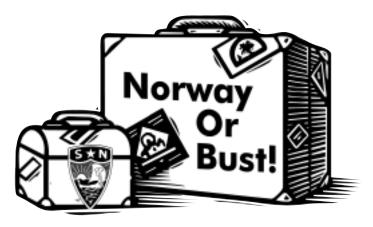
Contact Borton Overseas at 1 (800) 843-0602 for a brochure and reservation form. If you have any other questions, feel free to contact me.

In conclusion, I know 2005 will be another great year for Sons of Norway.

Fraternally,

Jim Olson

International President



April 2005

april 2005

A Little in English...

Crown Prince Couple Honored

Crown Prince Haakon of Norway and his wife, Crown Princess Mette-Marit, were awarded Toleranseprisen for 2004, for showing tolerance and respect to all people.

Oslo (Dec 7, 2004) - According to the statement the Crown Prince Couple were awarded the prize because they indicate in words, attitudes and actions that they want a society that is accepting and including, where all people are seen and respected.

Toleranseprisen is awarded by Stortinget's presselosje, the political press lodge, established in 1987 by a monetary donation by the former president of Stortinget, Jo Benkow.

Crown Prince Haakon and Crown Princess Mette-Marit are praised for their impressive efforts to follow the tradition started by King Haakon, continued by King Olav and King Harald.

The Crown Prince Couple have proved that they are part of the times, have abilities and see the challenges we face in the future. The couple are seen as modern, socially aware and tolerant people, who have adopted some of the best humanitarian values in the Norwegian society.

-from Western Viking



Litt på norsk...

Kronprinsparet takket for pressepris

- Hvert menneske har sitt egenverd, uansett religion eller hudfarge. I en verden der terror har skapt en ny form for usikkerhet er det viktig å holde fast på dette, sa kronprins Haakon da han på vegne av kronprinsparet mottok Stortingets presselosjes toleransepris.

Dagbladets politiske redaktør Marie Simonsen delte ut prisen på vegne av toleransepriskomiteen.

- Det er særlig hyggelig for oss å få en slik pris sammen, sa kronprins Haakon.
- Noen vil kanskje mene at det er på høy tid at journalister gir de kongelige en pris for å måtte tolerere vår oppmerksomhet, og kanskje at det særlig er på sin plass at den overrekkes av en Dagbladet-redaktør, sa Simonsen.

Hun siterte fra komiteens begrunnelse:

-Kronprinsen markerte svært tidlig at toleranse, vidsyn og respekt for menneskeverd og forskjellighet skulle være en del av hans prosjekt.

Om kronprinsesse Mette-Marit sier komiteen at «hun har vist en særlig interesse for mennesker som av forskjellige grunner har falt utenfor samfunnet. Senest markerte hun dette i forbindelse med årets TV-aksjon.

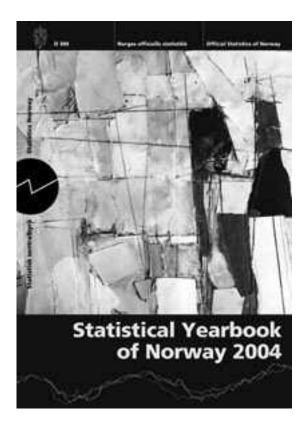
-fra Aftenposten

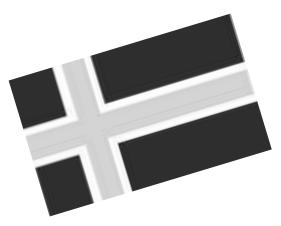
^{*} The Norwegian translation is not a direct translation of the English version of this article.

Statistical Yearbook

The Statistical Yearbook of Norway 2004 is now available in both print and in electronic editions. The yearbook contains relevant statistics on Norway and also main figures for the Nordic countries and other countries selected from international statistics. With 663 tables and figures, Statistics Norway presents both the current situation and the historical development in a format most people can use. Both the Norwegian and English electronic editions are available on Statistics Norway's homepage at http://www.ssb.no/english/publications.

-from NACCNEWS





Best Royal Dad

Hello!, which devotes much space to royal news as well as celebrity gossip, included a photograph from Crown Prince Haakon and Crown Princess Mette-Marit's Christmas cookie baking session in Skaugum, newspaper VG's web site reports.

Nearly 40 percent of the 4,000 voters from the magazine's readers chose the Norwegian crown prince as the premier dad, ahead of Willem-Alexander of the Netherlands. No royal British fathers made the published list.

Haakon was awarded the title of Royal Father of the Year for his care of Crown Princess Mette-Marit's son Marius, 7, as well as for the infant Crown Princess Ingrid.

-from Aftenposten

