



SONS OF
NORWAY

September, October 2008

NEWSLETTER *Service*

Dear Lodge/District Editors:

We are pleased to provide the latest edition of the Newsletter Service. Throughout this year, you will begin to see changes to the Newsletter Service as we strive to make this resource even more valuable.

This complimentary service is printed six times each year and may be used as a supplement to your lodge newsletter. The Newsletter Service provides a variety of information, including current news and culture-related articles. The Newsletter Service is also available in PDF format on the web at www.sonsofnorway.com, under the "Members Only" section. Using Adobe Acrobat PDF Reader, you can copy and paste text from this document by utilizing the "select text" function. If you don't have the latest version of this program, you can download it for free by going to <http://www.adobe.com/products/reader/> and scrolling to the bottom of the page.

Also, we recently changed our mailing list to better serve you. From now on, lodges with both an editor and publicity director will only receive one copy of the newsletter service, mailed to the editor. If the publicity director from your lodge would still like to receive the newsletter service, please contact Jessica Gleason at 612-821-4636 or jgleason@sofn.com to be included on the list.

We hope you enjoy this issue and find its content to be beneficial. If you have any suggestions on how we can improve the Newsletter Service, please call or e-mail Jessica.

Fraternally,

Eivind J. Heiberg
Fraternal Director

A Little in English...

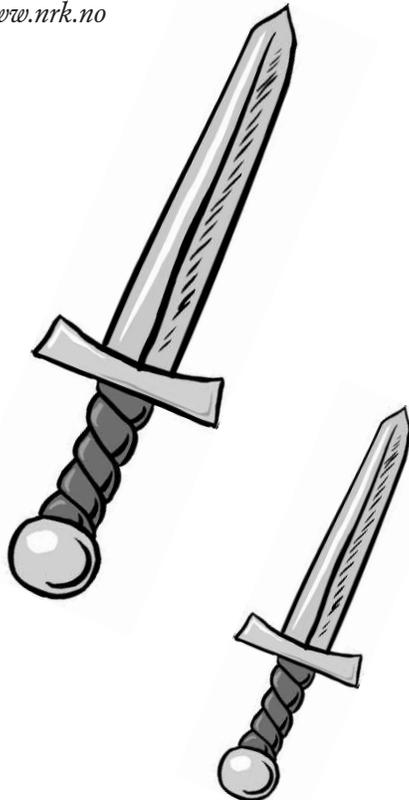
Sword from the 1700s Found at Oslo S

In June work was stopped at Jernbanetorget, the central Oslo train station, which was then under renovation, after large archeological discoveries were made there. Among other things a sword that probably fell or was thrown overboard from a boat in the 1700s.

Archeologists have excavated wooden construction materials that may date from the 1700s, making them the first buildings on the train station site. The area was a good harbor at that time, according to the Norwegian Maritime Museum.

The discoveries made the first week lay no deeper than one meter under the ground level. The team of archeologists will dig in an area of approximately 50 meters square. This is an area where little excavation has been done previously, and therefore is of great historical interest.

From www.nrk.no



Litt på norsk...

Fant sverd fra 1700-tallet ved Oslo S

I juni stanset Byantikvaren anleggsarbeidet på Jernbanetorget, som da var under oppussing, etter at det hadde blitt gjort større arkeologiske funn på stedet. Blant annet ble det funnet et sverd som trolig har falt eller var kastet overbord fra en båt på 1700-tallet.

Arkeologer har gravd fram konstruksjonsmateriell i tre som kan stamme fra 1700-tallet og dermed første byggetrinn på Jernbanetorget. Området var en god havn på den tiden, ifølge Det Norske Sjøfartsmuseet.

Funnene som ble gjort første uken lå ikke mer enn en meter under veibanen. Arkeologene skal grave et areal på omlag 50 ganger 50 meter. Dette er et område der det har vært lite anleggsarbeide tidligere, og derfor har stedet stor historisk interesse.

Fra www.nrk.no



Norwegian Experience 2008: Choose your own adventure!

For many, the most exciting part of entering the Norwegian Experience contest is fact that you can choose your own adventure. Not only does the winner receive an all inclusive trip for two to Norway, with exclusive trips to the Hadeland Glasswerks and Solstrand, the winner gets to work with travel professionals in creating a tailor-made adventure. Whether you are interested in an active sightseeing trip that takes you on walking/hiking tours, or if you'd rather take a relaxing cruise through the fjords of Norway, the choice is yours!

Just like last year, the winner of the 2008 Norwegian Experience contest will work with the knowledgeable folks at Borton Overseas to plan the trip of a lifetime. Their experience in Norwegian travel is unsurpassed and they have all the information you need to plan for the most memorable vacation ever!

Remember, entering the contest is easy! All you have to do is be a current member of Sons of Norway who recruits a new, dues-paying member between January 1 and December 31, 2008. Also, don't forget that any gift memberships you give to new, dues-paying members throughout the year can also qualify you for the contest as well!



Police warn Foreign Ministry about Russian spying

The Cold War is allegedly over, but Norway's special police unit in charge of intelligence (PST) is convinced that Russian spies are as active as ever. So active, that PST has warned Foreign Ministry officials about specific suspected spies working as Russian diplomats.

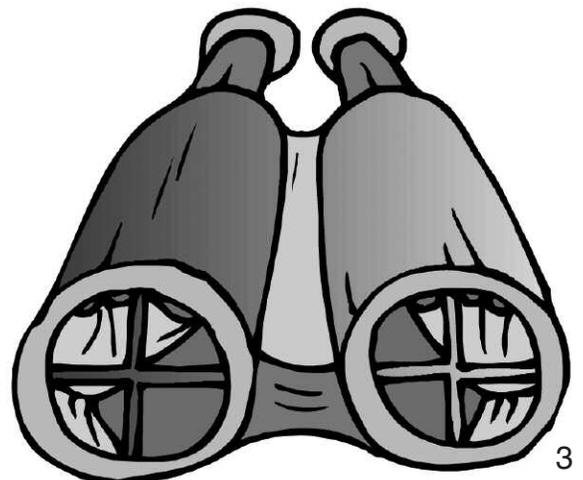
The Russian diplomats/spies are reportedly most interested in Norwegian viewpoints on and activity in Svalbard, the entire Arctic region and NATO issues. They have focused most on the Foreign Ministry, but also may have been interested and active in other Norwegian ministries.

The Russians are said to be especially keen on Norwegian views on possible attempts by Finland and/or Sweden to join NATO. Russia is opposed to expansion of the NATO defense alliance.

Norwegian Foreign Minister Jonas Gahr Støre also has claimed that Norway "won't be naive" when it comes to relations with Russia. Norway, he said recently, "shares a border and seas with a Russia that's demonstrating newfound strength and showing its muscles."

Efforts to obtain comment on the spying allegations from the Russian Embassy in Oslo were unsuccessful.

From www.aftenposten.no



October 2008

A Little in English...

Snowmobiler Drove Over 300 Meter Cliff – and Survived

A snowmobiler walked away unharmed after driving over a 300 meter-high cliff on Svalbard in June. The man was snowmobiling across Lunkefjellet Mountain when he lost control of the machine and tumbled over the mountainside.

“It is just a coincidence that he wasn’t seriously hurt. He was lucky and landed in a patch of snow between two cliff faces. He has pains in his back but is otherwise unharmed,” said acting sheriff Per Andreassen to Svalbardposten.

The driver was thrown off the snowmobile after 150 meters, while the machine continued down the mountain.

“The man at first just stayed put, but after a while managed to scramble to rock outcropping,” Andreassen said.

A helicopter was sent and rescued the man. He was sent to the hospital in Longyearbyen, but was not seriously injured.

From dagbladet.no



oktober 2008

Litt på norsk...

Skuterfører kjørte utfor 300 meter høyt stup - overlevde

En skuterfører kom utrolig nok fra det uten større skader da han kjørte utfor et 300 meter høyt stup på Svalbard i juni. Mannen kjørte i Lunkefjellet da han mistet kontrollen over snøskuteren og raste ned den stupbratte fjellsiden.

- Det er bare tilfeldigheter at han ikke kom alvorlig til skade. Han var heldig og havnet i en snørenne midt mellom bergnabbene. Han har smerter i ryggen, men ellers uskadd, sier vakthavende sysselmannsførstebetjent Per Andreassen til Svalbardposten.

Føreren ble kastet av snøskuteren etter 150 meter, mens skuteren fortsatte nedover fjellsiden.

- Mannen ble først liggende livløs i fjellsiden, men klarte etter vært å kravle seg oppover til en bergnabb, sier Andreassen.

Et helikopter ble sendt og reddet mannen. Han ble sendt til sykehuset i Longyearbyen, men skal ikke være alvorlig skadd.

Fra dagbladet.no



New Marshall statue in Oslo

The Norwegian government unveiled a new statue in Oslo this week, of US General George C. Marshall – more than six decades after Marshall Plan aid helped Norway and the rest of Europe rebuild after World War II.

The statue, located alongside the inner harbor below the Akershus Fortress, was sculpted by Asbjørn Høglund and formally dedicated by Foreign Minister Johas Gahr Støre, who said it honored "a man, a vision and a mission that changed Europe and Norway a half century ago."

Marshall was Chief of the Staff of the US armed forces during the war years, but his greatest claim to fame came after the war. The recovery program for Europe which bears his name, addressed the shortages suffered during the post-war years, and helped avert new conflicts.

The Norwegian Nobel Committee awarded Marshall the Nobel Peace Prize in 1953. Fifty-five years later, a statue of Marshall joins those of his fellow war-year leaders Winston Churchill and Franklin D Roosevelt in Oslo.

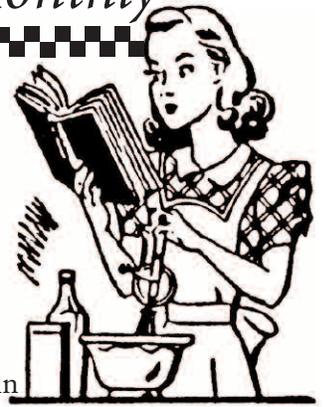
The statue was sculpted by Asbjørn Høglund.

From www.aftenposten.no

The Marshall Plan
Available now on DVD
through the
Sons of Norway Media
lending library.

Call Colin Thomsen
at Sons of Norway
Headquarters
1-800-945-8851

Matlyst Monthly



Pickled Pumpkin

Ingredients:

2 1/4 pounds of pumpkin

2 1/4 pounds of sugar

1 cup of 7% vinegar

1 ounce freshly grated ginger

Peel the pumpkin and cut the flesh into 1/4" cubes. Partly boil the cubes for 1 or 2 minutes and then drain and dry them on a cloth.

Bring sugar, vinegar and ginger to a boil. Reduce to a syrup.

In a bowl, pour the syrup over the pumpkin pieces. Let cool and transfer into a jar. Refrigerate.

