

YOUTH RESOURCES

Within this brochure you will find some of the great programming resources available exclusively to Sons of Norway members and Lodges. They are designed to help educate young people about Norway, its culture and heritage.

To request any of these materials, please visit our website www.sonsofnorway.com or call Sons of Norway Headquarters at (800) 945-8851 and mention the program of interest.

These resources are available exclusively to Sons of Norway members.

Below are some websites that are very useful for children and youth interested in doing school projects, or for finding out more information and statistics about Norway.

- www.ssb.no/en
Statistics about Norway
- www.kongehuset.no - (Click on 'Pages in English')
Royal House of Norway website
- www.norway.no
- www.norway.org
- www.norway.com
- www.gonorway.no
These sites offer general information on Norway

Websites are subject to change.



YOUTH RESOURCES . . .

- Are available exclusively to Sons of Norway Members.
- Help enrich the scholastic, cultural and community experiences of children.
- Provide lodge leaders and other interested in youth programs with information to develop specialized youth programming.
- Can be ordered by calling (800) 945-8851 and most programs can be downloaded from the **Sons of Norway Website: www.sonsofnorway.com**



**SONS OF
NORWAY**

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YOUTH RESOURCES



**SONS OF
NORWAY**



PROJECT FRAMTID

This program creates a partnership between lodges and schools. The objective is to enrich the scholastic, cultural and community experiences of school-aged children. For more information contact **Membership Services** at (800) 945-8851 ext. 697 or jegggers@sofn.com.



BARNELØPET

The Barneløpet is a Sons of Norway lodge sponsored sports event for children. Guidelines and planning tips can be found in Idea Bank #40, which can also be downloaded from www.sonsofnorway.com.

GUIDES FOR LEADERSHIP - YOUTH DIRECTORS SECTION

Please refer to this leadership guide to learn how to be a leader of youth in Sons of Norway. The guide also has ideas about activities and resources available to lodges who have informal youth groups or Sons of Norway Junior Lodges. For more information contact the **Supply Dept.** at (800) 945-8851 ext. 645 or supply@sofn.com.



IDEA BANK

The Idea Bank provides helpful and creative ideas for youth programming with instructions for planning lodge events. For more information contact **Culture** at (800) 945-8851 ext 640 or culture@sofn.com.

MINI-PRESENTATION

Mini-Presentations are three-minute presentations on various topics and their connection with Norway. For more information contact **Culture** at (800) 945-8851 ext. 640 or culture@sofn.com

MEDIA LENDING LIBRARY

The Sons of Norway Media Lending Library has a wide variety of children's videos, slide shows and CDs available for loan. These include educational programming, cartoons and more, which are all available at no cost to lodges and members. For a complete list of children's videos & music, or to inquire about the Media Lending Library, contact **Culture** at (800) 945-8851 ext. 640 or email culture@sofn.com.



SPORTS MEDAL PROGRAM

The Sports Medal Program is an excellent tool for helping children stay in shape and have fun. The activities within this program are great for the whole family as well! For more information contact **Culture** at (800) 945-8851 ext. 640 or culture@sofn.com.



YOUTH CULTURAL SKILLS PROGRAM

Cultural Skills Units currently available for youth are: Folk Dancing, Figure Carving, Hand Knitting, Norwegian and North American Stamp Collecting, Hardanger Embroidery and Rosemaling. More units for youth will be added in the future. In addition, many of the adult Cultural Skills Units can be adapted for youth by choosing to do part 1 of the unit.