

FOR IMMEDIATE RELEASE DO NOT USE AFTER 3/23/2019

Event: Leif to Leif Fun Run/Walk, 9AM Registration opens at 8AM March 23, 2019 The Cost - \$20 for adults, \$5 for children Location – 2245 NW 57<sup>th</sup> Seattle, WA 98107 Contact: Leif Erikson Lodge, 206-783-1274 <u>leiferiksonlodge@qwestoffice.net</u> <u>www.leiferiksonlodge.com</u>

Starting at the Leif Erikson Hall going to the Leif Erikson Statue at Shilshole and returning. <u>www.LeifEriksonLodge.org/events-and-activities</u> for registration. You will receive a mini Norwegian flag and a heart shaped waffle for participating! The awards ceremony will follow the run/walk at 10:15am in the main hall.

Proceeds will be shared with the Ballard Senior Center.

Tastes of Norway/Norwegian Cultural and Heritage Day will follow the Leif to Leif fun run/walk Saturday, March 23, 2019. Events are hosted by Sons of Norway, Leif Erikson Lodge 2-001, 2245 NW 57th, Seattle, WA 98107.