

1. Host a contest! In your digital box, you received a coloring page with a picture of the fjords, sailboat, lodge and Norwegian flag. Host a contest for the kids and/or adults to see who colors it best!

2. Throw a big bash and invite your friends and family. Make traditional Nordic cuisine, decorate your lodge, and show your non-member friends how great it is to be a part of Sons of Norway.

• For recipe inspiration, visit our recipe box here: https://www.sofn.com/norwegian_culture/recipe_box/

3. Movie night! Play the "History of Sons of Norway" video to learn about how Sons of Norway was started, the evolution and growth of the organization, and what's in store for the future. Gather everyone in your lodge, get some popcorn and enjoy this 25 minute video.

• History video can be found here: https://www.youtube.com/sonsofnorwayhq

4. Order commemorative merchandise. Order a cake, get a pair of Sons of Norway socks or order t-shirts with the anniversary logo on them.

• Sons of Norway online store coming out after Labor Day

5. Host a 5K. Invite your lodge members, friends and family to run a 5K in honor of the 125th anniversary. Wave your Norwegian flags as you run!

• You can order small Norwegian flags here: https://www.united-states-flag.com/world-norway.html

6. Ask your Chamber of Commerce to make it the official Sons of Norway day in your town.

7. Host a folk art competition. Have your lodge members bring their proudest art pieces to display at the lodge and make it competitive!

8. Create a time capsule. Make a video or presentation, tape pictures to the walls and display the evalution of your Sons of Norway lodge.

9. Throw a lodge open house. Invite members of the community to come learn about Sons of Norway and what being a member is all about.

10. Bake off! Have your members bake their favorite Nordic treats and invite friends and family to enjoy.