

LEIF TO LEIF RUN/WALK



21 MARCH 2020 | SATURDAY

REGISTRATION 8:00 AM IN FRONT OF LEIF ERIKSON LODGE. RUN/WALK STARTS AT 9:00 AM
5K FUN RUN / WALK - ADULTS \$20 | 13-20 YEARS OF AGE \$10 | THOSE UNDER 10 YEARS OF AGE ARE FREE.
THE RUN /WALK ROUTE IS FROM LEIF ERIKSON LODGE TO THE LEIF ERIKSON STATUE AND BACK.

THE AWARD CEREMONY WILL BE APPROXIMATELY 10:15 AM INSIDE LEL, IN THE MAIN HALL.
A NORWEGIAN FLAG WILL BE HANDED TO YOU AT THE FINISH LINE & ENJOY A FREE HEART WAFFLE
WITH JAM AFTER THE RUN / WALK. THE TOP THREE RUNNERS WILL BE AWARDED RIBBONS

PART OF THE PROCEEDS WILL BE DONATED TO THE BALLARD NW SENIOR CENTER.

REGISTRATION FORM IS AVAILABLE ON WWW.LEIFERIKSONLODGE.ORG/EVENTS-AND-ACTIVITIES.



GREAT PRIZES GIVEN BY SKÅL BEER HALL