



# Astrid G. Cates Vocational School Scholarship

## Our Mission

The mission of the Sons of Norway Foundation is to celebrate Nordic culture and heritage through scholarships and grants to our members and communities.

## Overview

Astrid G. Cates remembered Sons of Norway youth with a generous bequest in her will to the Sons of Norway Foundation, which funded the Astrid G. Cates Vocational School Scholarship. Donations by Sons of Norway lodges, members and friends also fund this scholarship opportunity.

## Award Amount

One scholarship of **up to** \$1,500 will be awarded.

## Eligibility

- **Deadline** - submission of the completed application and all required elements is **February 15<sup>th</sup>**.
- **Country of Study** – United States
- **Age** - Candidates must be between the ages of 17 - 26.
- **College Credit Needed** – None
- **Proof of Enrollment** - Required
- **Level of Study** – Technical/Vocational
- **Field of Study** - Any
- **SON Membership Requirement** – Applicants who are current members of Sons of Norway or children or grandchildren of a current member with membership in effect at least one calendar year prior to application.
- **Length of Award** – 1 year
- **Applicant Citizenship** – United States

\*Note – The Sons of Norway Foundation does not provide financial assistance for current or previous academic years room & board, travel, etc.

## Criteria

- A short autobiography, 150 words or less.
- An essay of 500 words or less addressing each of the following key points:
  - Describe how this scholarship will help you further your career goals.
  - Share why you have chosen your area of study or training and what you hope to achieve in your future career.
  - Explain any involvement in volunteer, school and/or community activities and what that involvement has taught you.
  - Describe your involvement in Sons of Norway and how it has shaped who you are today.



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- Financial need: Be prepared to include the amount you are able to pay for post-secondary education/training in the online application.
- A letter of recommendation that addresses the applicant's character and abilities.

## Application Process

Applications are only accepted via our online portal at <https://www.sofn.com/foundation/scholarships/>.

## Award Selection

Final selection of the scholarship winners will be made by a scholarship committee appointed by the Sons of Norway Foundation. Scoring is dependent on the use of complete sentences, proper grammar, inclusion of information outlined in the essay requirements listed above and financial need.

Candidates may only receive two Sons of Norway scholarships in a five-year period.

## Scholarship Notification and Payment

Notification of an award will be made by phone or email within 16 weeks of the application deadline.

Scholarship funding is made payable to the institution listed on the application and mailed to the scholarship recipient. If awarded, the recipient will be required to complete information including his or her student ID number for the institution and a current mailing address.

## Recipient Requirements

Scholarship recipients are asked to grant permission to use their photo and name in *Viking* magazine, the Foundation's annual report and other scholarship promotional materials. They are also expected to give a presentation at their Sons of Norway lodge or one close to them to explain how this scholarship is helping them achieve their educational dreams. We will provide you with a form for a lodge officer to sign after your presentation.

## Revision Policy

The Sons of Norway Foundation reserves the right to modify requirements. All participants are encouraged to check the Foundation website, <https://www.sofn.com/foundation/scholarships/> for the most current information.

## Questions

Questions may be directed to the Foundation at [scholarship@sofn.com](mailto:scholarship@sofn.com).

**Thank you for your interest in applying for a Sons of Norway Foundation scholarship.**