Our Mission
The Sons of Norway Foundation is dedicated to funding activities that preserve and promote Norwegian heritage, positively affect members, and make Sons of Norway communities a more vibrant place to live.

Maximum Award
The maximum award is $5,000.00.

Eligible Applicants
To qualify you must be a current member of Sons of Norway for at least one year. The illness or injury must have occurred within the past 24 months of the application being submitted.

Eligible Awards
The Sons of Norway Foundation Helping Hands to Members – Medical Relief Grants are offered for up to $5,000 to provide assistance to current Sons of Norway members experiencing severe financial hardship from extreme medical illness or personal injury. The Foundation may provide aid for expenses not fully reimbursed by insurance or other organizations, such as personal fundraising events, government and other charitable organizations, etc.

Timeline
Applications are considered on a rolling basis. Applications must be received within 24 months of the illness or injury.

Applications
All applications must be submitted online at our website, www.sonsofnorway.com/foundation/grants.

Applicants will be asked to provide a description of the illness or injury as well as medical billing and insurance information. This information will be kept secure and confidential.

Award Selection
The Foundation will make final decisions based on assessments of loss and the level of financial support available from the Humanitarian Fund of the Sons of Norway Foundation.

Grant Timeline
Grant decision are made by a review committee on a rolling basis. Award decisions are expected no less than 16 weeks following a received application.
Award Notification and Payment
Notification of a grant award will come via e-mail to the individual who applied for the grant.

Payment for the grant will be mailed to applicant via the address provided. It is greatly appreciated if you notify the Foundation when you receive the payment.

Recipient Requirements
The Sons of Norway Foundation requires that a simple report be completed so we may gather information regarding the effectiveness of our grant program. To find this report, log back into your account and it will appear as a “follow-up” assignment. You must log back into your account to complete the report within one year of receiving the grant.

Questions
Questions may be directed to the Foundation at grants@sofn.com.

Note: Members of the Foundation Board of Governors and the Sons of Norway International Board are ineligible, as well as their immediate families as defined by either organization. The same holds true for Sons of Norway employees, as well as the members of the Disaster Relief and Medical Relief Committees. Please note that under Health Insurance Portability and Accountability Act of 1996 (HIPAA), the Foundation is not allowed to give any specifics about any applicant and/or medical condition without a signed consent form.

Thank you for your interest in applying for a Sons of Norway Foundation grant.