***Newsletter Service***

**July/August 2021**

**JULY ISSUE**

**Have you heard of the Kavli Prize?**

While you may be familiar with the Nobel Peace Prize awarded by the Norwegian Nobel Committee, there is a newer, less-known prize in the news. The Kavli Prize recognizes scientific creativity and celebrates outstanding achievements in the fields of astrophysics, nanoscience, and neuroscience.

Established by Fred Kavli who was born on a small farm in Eresfjord, Norway, Kavli later moved to California. He was a physicist, entrepreneur, and philanthropist. His lifelong fascination with science led him to establish the U.S.-based Kavli Foundation in 2005. Since 2008, awards have gone to 54 scientists from thirteen countries including the United States, United Kingdom, Germany, Austria, France, Netherlands, Lithuania, Japan, Norway, Russia, Czechia, Sweden and Switzerland.

Nominations for The Kavli Prize open this year September 1 and close on December 1, 2021. The Norwegian Academy of Science and Letters will award three prizes in 2022, using the recommendations of independent committees for each field. Norway’s Royal Family presides over a ceremony held in Oslo, where prize recipients receive a gold medal, scroll and cash equivalent to one million US dollars. Read more about the Kavli Prize and watch fascinating videos about discoveries by Kavli laureates online at <https://kavliprize.org>.

**Article photo for download:**

[**https://www.dropbox.com/s/dgvzqz24ds3az5h/kavli-prize.jpg?dl=0**](https://www.dropbox.com/s/dgvzqz24ds3az5h/kavli-prize.jpg?dl=0)

**Canal of the Mountain King**

The fulfillment of a dream more than a hundred years old, Norway has approved plans for the world’s first shipping tunnel to be drilled through the mountains of the Stad Peninsula on the western coast. This rocky finger of land juts out into dangerous seas, where the Norwegian and North seas meet, resulting in very treacherous weather and wave conditions. Ships often have to wait days for the stormy seas to settle before they can embark on their slow trip around the cape.

The mile long tunnel, which will be constructed at the peninsula’s thinnest point, where it connects to the mainland, will be large enough to allow a ship the size of a Hurtigruten Coast Steamer or the average cargo ship to slip through safely. Walkways will be built on either side of the canal to facilitate maintenance and emergency evacuations.

The $330 million project will kick off in 2022 and is expected to take three to four years to complete.

**Article photo for download:** [**https://www.dropbox.com/s/f7sm8sksn48fqqj/Canal%20of%20the%20Mountain%20King.jpg?dl=0**](https://www.dropbox.com/s/f7sm8sksn48fqqj/Canal%20of%20the%20Mountain%20King.jpg?dl=0)

**Legit or Legend? Viking funerals proposed in Maine**

A bill was recently introduced in the Maine legislature which, if passed, would allow a nonprofit to perform Viking funerals.

Imagine the scene: a fallen warrior is placed on a sailboat and pushed out to sea. Flaming arrows cascade onto the ship as the deceased departs to Valhalla in a fiery farewell.  
  
But did the Vikings actually practice this funeral custom? In reality, the flaming boat turns out to be a favorite trope of pop culture, rather than historical fact.   
  
Research of their graves reveals that the Vikings interred their dead with possessions that would be helpful in the afterlife, and—if they were wealthy—in ships such as the Oseberg ship. But this was done on land. Burial mounds were typically marked with stones in the shape of a ship or an oval.  
  
Contents of Viking graves also show that remains were cremated elsewhere, as there is no charcoal or burnt wood present in the burial mounds.

**Article photo for download:**

[**https://www.dropbox.com/s/we4skizut835dnx/Viking%20funerals.jpg?dl=0**](https://www.dropbox.com/s/we4skizut835dnx/Viking%20funerals.jpg?dl=0)

**TRANSLATION**

<https://www.norskforinnvandrere.no/blog/44741-hei-hurra-au-voff-hva-er-interjeksjoner>   
  
**Hei! Hurra! Au! Voff! (Hva er interjeksjoner, og hvordan bruker vi dem?)**

Alle ordene i språket kan deles inn i ti ordklasser. Handlinger er verb. Navn på ting og personer er substantiver. Smaker, lukter og farger er adjektiver.

Men en ting vi ikke snakker så mye om, er **interjeksjoner**.

**Uffda!** Det burde vi kanskje gjøre.

**Hva er interjeksjoner?**

En interjeksjon kan være et ord som gir uttrykk for en følelse eller en fysisk reaksjon. Det er også ord som skal forestille lyder. Og det er ord som brukes for å svare eller hilse på noen. Vi kan derfor dele denne ordklassen i fire grupper.

**Lydhermingsord**, som er en beskrivelse av hvordan en lyd høres ut, ofte dyrelyder og naturlyder.

- Voff, voff, sa hunden.  
- Pling, plong lød det fra pianoet.

Andre lydhermingsord: mø, mjau, pang, poff, klask …

**Utropsord**, som gir uttrykk for en følelse eller fysisk reaksjon.

- Jippi, nå er det helg!  
- Au, det gjorde vondt!

Andre utropsord: uff, æsj, hehe, hurra, grr …

**Svarord**, som er en positiv eller negativ reaksjon på et spørsmål.

- Ja, jeg er helt enig.  
- Tja, du har kanskje rett.

Andre svarord: nei, jo, mja, nja, jo visst, neida, niks …

**Hilseord**, som vi bruker for å hilse på eller ta avskjed med personer.

- Hei!  
- Adjø, og ha en god reise!

Andre hilseord: hallo, heisann, ha det, farvel, på gjensyn …  
Interjeksjoner dukker ikke så ofte opp i vanlig sakprosa, men les en fortelling, et eventyr eller en roman, så vil du finne mange av dem.

**Interjeksjoner brukes også når folk prater med hverandre. Se bare på denne dialogen:**

Elisabeth: Hei, William!  
William: Hallo, Elisabeth! Fint vær i dag, ikke sant?  
Elisabeth: Pøh, det er jo iskaldt. Brr, jeg fryser!  
William: Ja, men i morgen er det meldt 15 grader.  
Elisabeth: Hurra, da kan jeg endelig sitte på verandaen.  
William: Haha, det er jo så mye vind på verandaen din.  
Elisabeth: Æsj, det er sant. Men nå må jeg videre. Ha det!  
William: Farvel!

**Hi! Hooray! Ow! Wow! (What are interjections, and how do we use them?)**

All of the words in our language can be divided into ten word classes. Actions are verbs. Names of things and persons are nouns. Tastes, smells and colors are adjectives.

But one thing we do not talk much about is interjections.

Oh, dear! Maybe we should do that.

**What are interjections?**

An interjection can be a word that expresses an emotion or a physical reaction. There are also words to represent sounds. And there are words used to answer or greet someone. We can therefore divide this word class into four groups.

**Onomatopoeia**, which is a description of how something sounds, often animal sounds and nature sounds.

“Bow wow,” says the dog.

“Plink, plank,” went the piano.

Other onomatopoeia: moo, meow, bang, poof, smack…

**Exclamations**, which express a feeling or physical reaction.

“Yippee, it's the weekend!”

“Ow, that hurt!”

Other exclamations: oof, yuck, hee hee, hooray, grr…

**Answer words**, which are positive or negative reactions to a question.

“Yes, I totally agree.”

“Well, you may be right.”

Other answer words: no, uh-huh, nah, well, for sure, uh-uh, nope

**Greetings**, which we use to greet or say goodbye to people.

“Hi!”

“Goodbye, and have a good trip!”

Other greetings: hello, hey, bye-bye, farewell, see you later

Interjections do not often appear in regular non-fiction, but read a story, a fairy tale or a novel, and you will find many of them.

**Interjections are also used when people talk to each other. Just look at this dialogue:**

Elisabeth: Hey, William!

William: Hello, Elisabeth! Nice weather today, isn’t it?

Elisabeth: Oof, it's really cold. Brr, I'm freezing!

William: Yes, but tomorrow its going to be 15 degrees. [59 degrees F]

Elisabeth: Hooray, then I can finally sit on the porch.

William: Haha, it’s so windy on your porch.

Elisabeth: Oh, that's true. But, now I have to move on. Bye!

William: Goodbye!

**Agurksalat - Norwegian Cucumber Salad**   
  
Serves 4-6  
Yields: 1 quart  
Prep time: 1 hour 15 minutes  
  
Ingredients:  
1 seedless European cucumber  
1 Tbsp. parsley  
2/3 cup white vinegar  
2/3 cup cold water  
3 1/2 Tbsp. granulated sugar  
1/2 tsp. salt  
1/4 tsp. pepper  
  
Directions:  
Slice the cucumber thinly with a sharp knife.

Mix the dressing ingredients well and pour over cucumber slices in serving bowl.

Refrigerate for at least an hour.

Sprinkle with chopped parsley and serve.  
  
Source: food.com

**Article photo for download:** [**https://www.dropbox.com/s/ck0isifom8a92km/NORWEGIAN%20CUCUMBER%20SALAD.jpg?dl=0**](https://www.dropbox.com/s/ck0isifom8a92km/NORWEGIAN%20CUCUMBER%20SALAD.jpg?dl=0)

Are you sharing the friendly spirit of ***Velkommen?***

Our family is growing in 2021! We welcome daughters, sons and friends of Norway to join the fun at our lodge. Please invite friends and family members to join Sons of Norway so they can experience the spirit of *Velkommen* firsthand.

**Article photo for download:**

[**https://www.dropbox.com/s/m2h7595rq8p9mhp/Velkommen.jpg?dl=0**](https://www.dropbox.com/s/m2h7595rq8p9mhp/Velkommen.jpg?dl=0)

**AUGUST ISSUE**

**Play Like a Viking**

When metal detectorist Mick Bott unearthed dozens of small lead objects at the site of a 10th century Viking encampment in Lincolnshire, England, he figured they were just weights. However, experts determined he had actually discovered the oldest known complete set of gaming pieces for the ancient Viking board game Hnefatafl.

Hnefatafl is a strategy game similar to chess. Player 1 sets their pieces in a diamond shape in the middle of the board, surrounding the King. Player 2 sets their pieces along the edge of the board in two tiers. The game is won when the first player maneuvers the King into the corner of the board, or the second player takes the King captive.

You don’t need to go treasure hunting to score your own Viking strategy game. Sets can be found online or at specialty gaming stores. You can even play Hnefatafl virtually by downloading an app to your phone.

**Article photo for download:**

[**https://www.dropbox.com/s/a608wlpa5526217/Hnefatafl.jpg?dl=0**](https://www.dropbox.com/s/a608wlpa5526217/Hnefatafl.jpg?dl=0)

**Message in a Bottle Washes up in Norway**

On a family holiday in England, a 10-year-old Derbyshire girl named Lilly sent a message in a bottle out to sea. To her delight, it was found on a beach near Kragerø, Norway.

The message was written on a piece of kitchen paper and read “7. July 2020 Dear whoever you are – please, if you find this please post online. I’m from Long Eaton, 10 years old and my name is Lilly.” She and her mother launched the bottle from Chapel St. Leonards in Lincolnshire. In talks about how she came up with the idea she said, “I think it was just something to do…the arcades were shut and there was nothing really to do...”

Harald Christiansen, a friend of the woman who found the bottle, was able to track down Lilly and her mother via a community Facebook group; he was impressed by “the power of the internet.”

Lilly and her mother loved receiving a reply and were thrilled that it had been found.

**Article photo for download:** [**https://www.dropbox.com/s/njl6vc3628yukdh/message%20in%20a%20bottle.jpg?dl=0**](https://www.dropbox.com/s/njl6vc3628yukdh/message%20in%20a%20bottle.jpg?dl=0)

**The Angry Boy is Back**  
*Sinnataggen*, the iconic sculpture known as The Angry Boy has reason to be disgruntled. In early April, the bronze statue depicting a small boy throwing a tantrum was vandalized and nearly sawed off at the foot. The Vigeland Museum removed the figure for restoration, and a few weeks later, the lad resumed his outburst in the usual spot.  
  
Located in Oslo’s Frogner Park, Sinnataggen and 211 other sculptures by Gustav Vigeland are a top tourist attraction covering 80 acres (320,000 m2). The Angry Boy may be the smallest one, standing only 83 centimeters (33 inches) high, but he has a powerful magnetism. The statue was installed in 1940 and has become the park’s most popular, with tourists holding his hand so often, they buffed the patina off, revealing a shiny balled fist.   
  
Sculptor Gustav Vigeland died only a few years after his massive park installation was completed, but not before designing the medal for the Nobel Peace Prize.

**Article photo for download:**

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**TRANSLATION**

[**https://www.klartale.no/kultur/munchmuseet-er-endelig-ferdig-1.1838595**](https://www.klartale.no/kultur/munchmuseet-er-endelig-ferdig-1.1838595)  
  
**Munchmuseet er endelig ferdig**

Munchmuseet i Oslo kunne fredag ta over den nye bygningen i Bjørvika. Dermed er det klart for å starte innflyttingen. Kanalen NRK skrev om saken først.

Museet skal etter planen åpne til høsten. Åpningen har blitt utsatt flere ganger. Det var blant annet problmemer med et klima-anlegg. Men i januer ble det kjent at problemenet var løst.

– Så fra i dag er det Munch som formelt har bygget og skal fylle det med innhold. Det er fortsatt en del arbeider som gjenstår før bygget er ferdig. Men vi kan nå etter hvert flytte inn våre dyktige medarbeidere, sier Stein Olav Henrichsen til nyhetsbyrået NTB. Han er direktør for Munchmuseet.

Henrichsen sier han er både stolt og glad på vegne av sine 150 medarbeidere. De er klare for å komme i gang med å gjøre alt klart for høstens åpning.

– Dette er en stor milepæl i Munch-historien. Og et viktig skritt på veien til målet, som er å åpne et nytt fantastisk stort og flott museumsbygg for publikum.

Han sier de skal markere overtakelsen med en alkoholfri skål for Edvard Munch. Kunstneren ga hele sin kunst til byen etter sin død. Slik gjorde han den tilgjengelig for hele verden.

Dersom alt går etter planen, kan det nye Munch-museet åpne i løpet av høsten. Det sier Henrichsen.

– Når vi åpner for publikum skal vi ha en skikkelig stor feiring. Det er for alle som har lyst til å være med å feire vår store kunstner og det nye fantastiske Munch i Bjørvika.

Museet får 13 etasjer. Det blir en takterrasse, bar og mesanin på toppen. Fra niende etasje og oppover heller bygningen 20 grader.

Til sammen skal bygget inneholde kommunens samling av Munchs verk. Det er omtrent 28.000 originale verk av kunstneren. I tillegg skal Stenersen-samlingen være i museet.

**The Munch Museum is finally finished**

The Munch Museum in Oslo was able to take over their new building in Bjørvika on Friday. Consequently, it is ready to start moving in. The channel NRK first wrote about the matter.

The museum is scheduled to open in the fall. The opening has been postponed several times. Among other things, there were problems with an air conditioning system. But in January it was announced that the issue had been solved.

“So, as of today, it is Munch who has formally built the museum and will fill it with content. There is still some work left to do before the building is finished. But now we can gradually move our capable employees in,” Stein Olav Henrichsen said to news agency NTB. He is the director of the Munch Museum.

Henrichsen says on behalf of his 150 employees that he is both proud and pleased. They are ready to get started preparing everything for this fall's opening.

“This is a major milestone in Munch history. And an important step on the way to the goal, which is to open a new, fantastic, large and beautiful museum building for the public.”

He says they will mark the handover with an alcohol-free toast to Edvard Munch. The artist gave all his art to the municipality after his death. That's how he made it accessible to the whole world.

If everything goes according to plan, the new Munch Museum can open in the fall, Henrichsen says.

“When we open to the public, we will have a really big celebration. It will be for everyone who wants to join in celebrating our great artist and the new fantastic Munch [Museum] in Bjørvika.”

The museum will have 13 floors. There will be a roof terrace, bar and mezzanine on top. From the ninth floor and upwards, the building slopes 20 degrees.

Altogether, the building will contain the municipality's collection of Munch's works. There are about 28,000 original works by the artist. In addition, the [Rolf] Stenersen collection will be in the museum.

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[**https://www.dropbox.com/s/07dvdd7p3fgds6u/Munch%20Museum.jpg?dl=0**](https://www.dropbox.com/s/07dvdd7p3fgds6u/Munch%20Museum.jpg?dl=0)

**Trollkrem - Troll Cream**

Inspired by a classic Scandinavian recipe, this unusual-sounding dessert is actually very simple to make, and much more delicious than it sounds! Using tart lingonberries, Karen's creamy dessert is worth a try.  
  
Ingredients

3 egg whites

6 Tbsp. of lingonberry jam, **or** an 8 oz / 225 g jar of preserved lingonberries in syrup, drained

\*50 grams / 1/4 cup granulated sugar (\*use only if using unsweetened lingonberries)

Directions

Whisk the egg whites in a mixer with half of the lingonberries (that have been drained) or half of the jam. Whisk until the egg whites are light and fluffy.

Add the sugar, if using, and whisk until the egg white mixture holds soft peaks.

Swirl the remaining lingonberries or preserve through the dessert and serve in small bowls or spoon into a large serving bowl. Eat within 24 hours, as the egg whites start to collapse if no sugar is used.

By [Karen Burns-Booth](https://www.greatbritishchefs.com/contributors/karen-burns-booth) of greatbritishchefs.com

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